

**Hispanic Women's Group Schedule**  
**THURSDAY (Woodbridge)**  
**6 – 8 p.m.**

2/8	Week 1	Welcome/Rules/Introduction	Activity: I am!
2/15	Week 2	DV 101/Myths of DV	Activity: What is DV?
2/22	Week 3	Violence Video/Discussion	Activity: Safe at all times
3/1	Week 4	I Deserve a Safe Environment	Activity: Rights
3/8	Week 5	Effects of Domestic Violence	Activity: Scenarios
3/15	Week 6	Feelings	Activity: Opinions
3/22	Week 7	Safety – Video/Discussion	Activity: Actions/consequences
3/29	Week 8	Safety Planning – PO, shelter	Activity: Blanket exercise
<b>April 2, 2007 – April 6, 2007 (Spring Break)</b>			
4/12	Week 9	Family Connections - Home/Public Safety	Activities: Resources
4/19	Week 10	Financial Management - Self Empowerment	Activity: Finance booklet SPEAKER
4/26	Week 11	Nutrition Pt. 1	SPEAKER (Ana Moran)
5/3	Week 12	Healthy Relationships	Activity: Deserve/Expectations
5/10	Week 13	Immigration/VAWA	SPEAKER?
5/17	Week 14	Nutrition Pt. 2	SPEAKER (Ana Moran)
5/24	Week 15	Review/Wrap/Conclusion	Party