

RIGHTS & RESPONSIBILITIES

I HAVE THE RIGHT:

- To ask for a date
- To refuse a date
- To suggest activities
- To refuse any activities, even if my date is excited about them
- To have my own feelings
- To say I think a friend's information is wrong or his/her actions unfair
- To tell someone I don't like him/her to interrupt me
- To have my limits respected
- To spend my money the way I want to, even if it is foolish
- To tell my partner I want affection
- To be heard
- To refuse to lend money
- To refuse affection
- To refuse sex with anyone who pays for an expensive date
- To tell my partner I want sex
- To refuse sex, anytime

I HAVE THE RESPONSIBILITY:

- To determine my limits
 - To respect the limits of others
- To communicate clearly and honestly
 - To not violate the limits of others
 - To ask for help when I need it
- To be considerate, but not submissive or aggressive