#1Thing Community Pledge

The #1Thing Community Pledge is a call to action, an invitation, a voluntary choice and opportunity to affirm your commitment to end domestic violence. Taking the pledge says that you will help end domestic violence by pledging to do #1Thing.

**MY PLEDGE**

I, _______________________________, pledge to_________________________________________
___________________________________________________________________________________.

I understand doing/changing one thing can make a difference in my community and the movement to end domestic violence.

I will use my voice to stand against victim-blaming, discrimination, and violence to end the stigma towards victims and survivors.

I will listen to victims and survivors without judgment, and respect their choices.

I will share my #1Thing boldly and proudly, and often, to inspire others to make a commitment to action against domestic violence.

I will also encourage others to embrace their own #1Thing to support victims and survivors of domestic violence, and honor the advocates that work tirelessly to ensure the well-being of all survivors.

By living this pledge, I am joining with advocates across the country to end gender-based violence in my home and community.