

# #1Thing

## Sample Social Media Posts

- **#1Thing** I will do to address #DV is to speak out when I see microaggressions.
- Do **#1Thing** to make a difference to a survivor of #DV. Learn more.
- What is your **#1Thing**?
- I will write a Letter to the Editor about the need to support #DV services in my community. That's my **#1Thing**. What's yours?
- A simple act can change a feeling, someone's day, someone's life. What **#1Thing** will you do to make a difference?
- There is value and power in your **#1Thing**. Speak it loud & proud.
- **#1Thing** I want to share about my story....
- **#1Thing** that has inspired me to work to end domestic-violence...
- **#1Thing** my family could do to support my healing...
- This #DVAM2018, do **#1Thing** to show that violence & abuse have no place in your world.
- **#1Thing** I want my children to know about [love, race, justice, safety, privilege, equity].
- Social Change starts with **#1Thing**
- My **#1Thing** intersects with your **#1Thing**. Change happens. That's cool.
- What's the **#1Thing** you want policymakers to know about domestic violence and the needs of survivors? Share it with us!
- How are you getting engaged in your community to improve policy and system level responses to #DV? **#1Thing** can make a difference!

- **#1Thing** you can do this #DVAM is talk to policymakers about the importance of funding for programs that provide services to domestic violence survivors.
- One of the most important things we can do to help advance policies that benefit survivors is to VOTE in federal, state, and local elections. **#1Thing** you can do now is make sure you're registered and commit to voting in November!
- **#1Thing** to remember this #DVAM is that #safehousing is consistently rated as survivors' most urgent need. As DV advocates, advocacy for safe, affordable housing is our work too!
- Believing victims of domestic violence is **#1Thing** you can do to be a catalyst for change on both an individual and societal level.
- Survivors can often name **#1Thing** that opened the door to their healing and resilience. How can you help open that door?
- You can be the **#1Thing** that makes a difference in the life of a child experiencing domestic violence by offering support, encouragement, stability, and love. Simply being there can be enough.
- Meaningful collaboration is **#1Thing** that advances our shared vision of social justice. Who can you reach out to today?
- Modeling respect, equality, and peace in your relationships is **#1Thing** you can do to help end domestic violence.
- Exploring the impact of institutional racism and white supremacy culture at your organization is **#1Thing** you can do to dismantle the oppressive systems that perpetuate domestic violence and other injustices.
- Community connectedness is **#1Thing** that promotes the prevention of multiple forms of violence, including child maltreatment, domestic violence, sexual violence, youth violence, and suicide. What's **#1Thing** you can do to help foster connectedness in your community?
- Working together to rebuild our neighborhoods with greener, cleaner spaces is **#1Thing** we can do to create protective environments that foster safety and well-being.

- Investing in trauma-informed social-emotional learning programs for young people is **#1Thing** we can do to foster healthy growth and resilience in our communities.
- Your story can be the **#1Thing** that is a catalyst to help, inspire, or motivate others to help end domestic violence.
- What is **#1Thing** you can do today to share your power or leverage your privilege in order to center the voices and experiences of those who are marginalized and oppressed?
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