



MEETING THIS MOMENT:

MEANINGFUL ACTION FOR SOCIAL CHANGE FOR DOMESTIC VIOLENCE AWARENESS MONTH 2020



National Resource Center on Domestic Violence

The National Resource Center on Domestic Violence (www.nrcdv.org) provides a wide range of free, comprehensive, and individualized technical assistance, training, and specialized resource materials.

Mission: To strengthen and transform efforts to end domestic violence.

celebrating 2 Syears



National Resource Center on Domestic Violence







Arlene Vassell

Vice President of Programs, Prevention & Social Change

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Activist & Spoken
Word Artist

NRCDV STANDS.

WE STAND with individuals and groups who have been targeted, degraded, threatened, or marginalized because they are Native Americans, people of color, immigrants, women, Muslims, LGBTQ, or people with disabilities.

WE STAND against white supremacy, racism, misogyny, anti-Semitism, homophobia, transphobia, xenophobia, and all other forms of structural oppression.

WE STAND with survivors of domestic and sexual violence, especially those most vulnerable and with limited access to services and protection.

WE STAND together in celebration of the rich diversity of people in this country and the vitality and strength they bring to our communities and society.

WE STAND with those who embrace self care and community connection as necessary and powerful for social change.

WE STAND with other activists and organizations who continue to work passionately for gender, racial, economic, and social justice for ALL.



November 11, 2016

NRCDV STANDS

NRCDV KNOWS THAT DOMESTIC VIOLENCE IS PREVENTABLE AND ENDING DOMESTIC VIOLENCE TAKES VISION.

WE PROMISE to lead boldly in centering and amplifying voices of survivors and traditionally marginalized communities.

WE PROMISE to make you feel Valued, Inspired, Equipped, and Informed, in each and every interaction you have with NRCDV.

WE PROMISE to provide opportunities to make you feel Invested and Connected in the movement to end domestic violence.



NRCDV's Theory of Change

If we center the lived experiences of survivors of color in order to end systemic racism, we will attain safe and thriving communities.

For Our Time Together...

- Reflection: In the news...
 - Lessons learned from current pandemics and impact and connection to our work to end intimate violence.
- Visioning: Exploring opportunities to reimagine, redefine, and expand our collective goals, priorities, and direction.
- Action: Moving towards transformation in our communities during DVAM and beyond.

DVAM National Call for Unity 2020 October 1, 2020 at 3:00pm ET



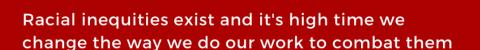
Join us as we come together in solidarity with survivors, advocates, and partners from national, state and community-based organizations.

Register today!

National Prevention Town Hall

September 14, 2020

1pm-6pm EST 12pm-5pm CST 10am-3pm PST











The pandemic of racial injustice, systemic oppression, and exploitation continues to rage across the country, causing many losses. Recent events, unfortunately, highlight significant and longstanding health and economic disparities among African Americans and other racial and ethnic groups. Such gaps in treatment reflect inequality and continue to cause immeasurable pain to Black communities, which reverberates throughout America today.

We condemn the killings of unarmed Black individuals across the country, which has led to premature death – those victims that are named and those that continue to remain nameless for their safety. We refuse to stay silent when we witness disparate treatment based on race and ethnicity alone, over and over again. We must not ignore the cruelty and injustice of domestic violence, family violence, and community violence.

Domestic violence is inextricability linked to all forms of violence, and to end domestic violence, we must dismantle anti-Blackness, other types of racism, discrimination, and structures that perpetuate oppression. We will stand and support our allied domestic violence organizations committed to attaining similar goals....

certain individuals face multiple and intersecting forms of structural discrimination.

Gender Violence Fueled by Systemic Oppressions

Patriarchy, Racism Capitalism, and other Systemic Oppressions

 Dynamic systems of power and dominance Government, Courts, Schools, Religious Institutions, and other

 May educate and enforce oppression and dominance.

Families, Friends, and Peers — Influences us to accept discrimination (i.e. sexism), inequity (i.e. strict gender roles) or oppression.

Individuals - May choose to discriminate or use violence that is fueled by a dynamic system of power and dominance.



This illustration shows how individuals, families, friends, and peers, community, and larger societal institutions are interconnected. Individuals do not act in isolation and are influenced by contexts and social structures in which we live.

Communities of Color

- Different attitudes and expectations about help-seeking.
- Mainstream intervention methods generated barriers.
- Biases in delivery of services/responses by oppressive systems.
- Mistrust of mainstream formal systems.
- The over representation of white people in positions of leadership-with real decision making power.
- Formal systems that do not include relevant or alternative resources.
- Structural & institutional racism.

Racial Justice Strategies: A Framework for Progress

- Individual approaches focus on building the knowledge, awareness, and skills of individuals to increase cultural and racial awareness, confront prejudices and stereotypes, and address power dynamics, racism, internalized white supremacy, and internalized racism.
- Intergroup approaches bring people of different racial and ethnic identity groups together to dismantle stereotypes, build relationships of trust and work together to solve problems and conflicts together.
- Institutional approaches focus on strengthening the capacity of organizations and institutions to communicate about race, organize and mobilize for change, and advocate for more inclusive policies and institutional practices that reduce disparities and promote racial equity.

All three approaches address important aspects of the change process that are required to make progress on racial equity. Although each strategy has value by itself in the appropriate context; when they are combined together aligning efforts at multiple levels (e.g., individual, intergroup and institutional) breakthrough changes become more likely.



What words best describe the community that you envision?



Beloved Community

Dr. King's Beloved Community is a global vision in which all people can share in the wealth of the earth.

In the Beloved Community, poverty, hunger and homelessness will not be tolerated because international standards of human decency will not allow it. Racism and all forms of discrimination, bigotry and prejudice will be replaced by an allinclusive spirit of sisterhood and brotherhood.

Beloved Community: Society based on justice, equal opportunity, and love of one's fellow human beings.

"We talk about Beloved Communities as actions that flow out of a commitment to be in intentional relationship with our families, neighbors, coworkers, and others who come into our lives on a daily basis."

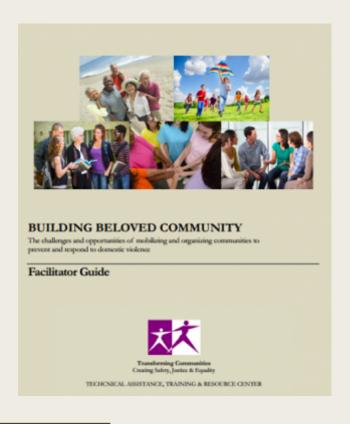
Resonance Network (Workshopping the Worldview)

BELOVED COMMUNITY

How are you showing up for it?

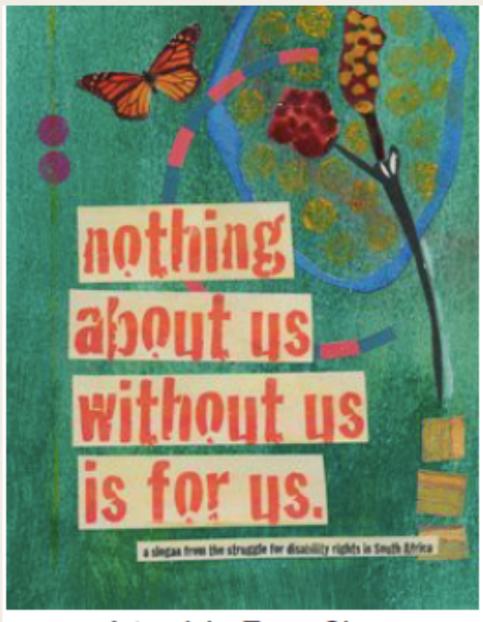
Your Community

- Describe your community (ies)?
- Who lives, works, plays and ages in your service area?
- Community assets?
- Community leaders?
- How would you describe the relationship between your community (ies) and your organization?
- How is your community (ies) currently working together to end gender-based violence?
- What inequalities do you see?



- Putting people and community at the center
- Creating transformation within ourselves
- Creating transformation within our organizations
- Engaging the community to create a vision for a new movement

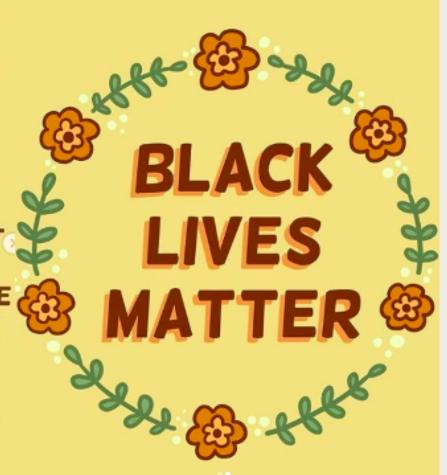
TRANSFORMING COMMUNITIES



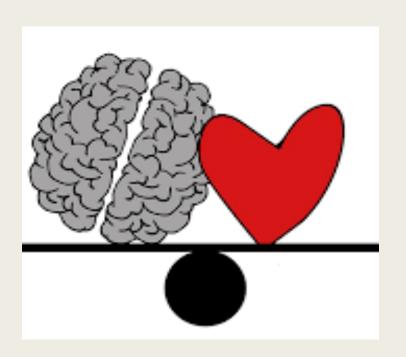
Artwork by Tema Okun

Racial Justice is Our Work

DO NOT STOP AT CARING ABOUT POLICE BRUTALITY. CARE ABOUT WAGE GAPS. CARE ABOUT MEDICAL DISCRIMINATION. CARE ABOUT REDLINING. CARE ABOUT BIAS IN EDUCATION. CARE ABOUT PUBLIC PLANNING. CARE ABOUT **VOTER SUPPRESSION. CARE ABOUTS** PRISON ABOLITION. CARE ABOUT HIRING INEQUALITY AND WORKPLACE DISCRIMINATION. CARE ABOUT THE EFFECTS OF CAPITALISM. CARE ABOUT EVERY OTHER ASPECT OF LIFE THAT IS INFECTED BY RACISM. KEEP CARING. EVERY DAY.



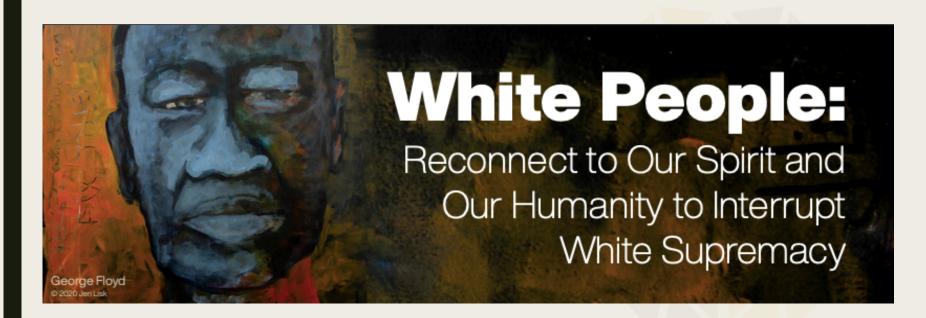
Leading with the Heart



- Beloved Community
- Mutual Aid
- Community-Based
 Models of Safety,
 Support & Prevention
 (Alternatives to
 Policing)

Heart Work to Dismantle White Supremacy

- Bringing our whole selves (identity, heritage, history)
- Accountability for the harm we cause
- Nurturing relationship, connection, mutuality, interdependence, wholeness, and abundance



Well-Being is our Work







JUSTICE

RESILIENCE HEALING

"Justice is a proactive commitment to providing each person with the material and social conditions in which they can both survive and thrive as a healthy and self-actualized human being."

- Mychal Denzel Smith







The Five Domains of Well-Being

*The Full Frame Initiative: changing systems, changing lives

Social Connectedness: sense of belonging, social support, social networks

Stability: resiliency, permanency, certainty

Safety: security, absence of harm, risk or danger

Mastery: control, choice, self-efficacy, self-confidence, empowerment, applying knowledge

Meaningful access to relevant resources: meeting "basic" needs, cultural competence (of resources) reduced barriers



Support with empathy & compassion



Manage expectations & workflow



Be consistent & transparent



Share resources & prioritize self-care



Be responsive to marginalized communities



Take care of yourself

SUPERVISING WITH EMPATHY

What is one kind of self-care that you practice and why?



SELF-CARE:

"THE ONLY
THING IT
NEEDS TO BE,
IS
MEANINGFUL
TO ME."

-VANESSA TIMMONS

*Intersectionality and Self-care

- Understand the role oppression play in our ability or inability to achieve wellness.
- Seek out community care.
- Practice your own brand of self-care with the strategies that make your body, heart and spirit sing.

*3 Things You Should Know About Intersectionality and Self-Care, Rex Leonowicz- Great Read!!!!

Messages for DVAM & Beyond

#1Thing...

- Shift into action.
- Create change now.
- Center the margins.
- Change the narrative.
- For our shared future.
- Accountability and healing.
- Lift the voices of Black survivors.

"Intersectionality at the center of all messages. Need more than just anti-racism focus. Getting bolder about all messaging to be centered in Anti-blackness and habits of white supremacy. Augment work with men's engagement efforts specially for those who have caused harm/survivors.

Men on the margins of the margins. Anything around hope and healing for all of us. Create a future together."

- Lina Juarbe Botella, A Call to Men, DVAP Advisory Group Member



DOMESTIC
VIOLENCE
AWARENESS
PROJECTADVISORY
GROUP
MEMBERS

















DOMESTIC VIOLENCE AWARENESS MONTH





Webinar

Re-centering: Indiana's
Movement to Ground
Domestic Violence
Programs in SurvivorDefined Success

Thursday

October 8, 2020

3:00:00 PM EDT - 4:30:00 PM EDT





QUESTIONS? COMMENTS?

POETRY READING

Justin Carter

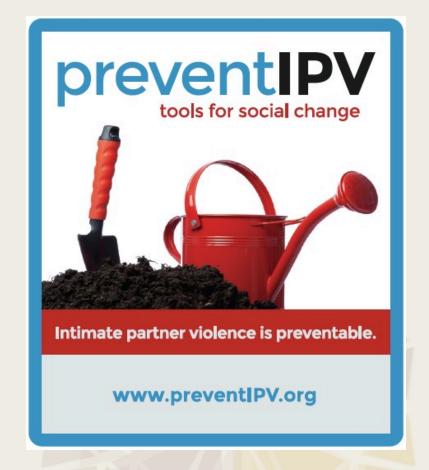


One person's actions may seem insignificant, but together a communities' collective "#1Things" can lead to real social transformation.

What is your #1Thing?

Advancing a unified national prevention agenda.

The PreventIPV website promotes strategies, tools, and lessons learned by state/territory and community-based prevention programs across the United States.







DOMESTIC
VIOLENCE
AWARENESS
PROJECT



DOMESTIC VIOLENCE EVIDENCE PROJECT







VAWnet



Connect with us:

The National Resource Center on Domestic Violence (www.nrcdv.org) provides a wide range of free, comprehensive, and individualized technical assistance, training, and specialized resource materials. Access our publications online at VAWnet.org



Call: 1-800-537-2238



Email: <u>nrcdvTA@nrcdv.org</u>



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"YOUR PURPOSE IN LIFE IS TO FIND YOUR PURPOSE AND GIVE YOUR WHOLE HEART AND SOUL TO IT." GAUTAMA (SHAKYAMUNI) BUDDHA

We Need your Feedback

Thank you for attending our session today. Your experience at this training is very important to us.

We invite you take a few minutes to complete a short survey and provide your feedback. The survey should take less than four minutes. Your participation is voluntary, anonymous and confidential.

This training was made possible by Grant Number #90EV042802 from the Administration on Children, Youth and Families, Family and Youth Services Bureau, U.S. Department of Health and Human Services. It contents are solely the responsibility of the authors and do not necessarily represent the official views of the U.S. Department of Health and Human Services.