What is giving you joy right now?

- Fall is coming
- This conversation!!
- My dog Topo and crossfit
- Meditation and my peace
- Tennis and my pup Source!
- LUNCH!!!
- view of the duck pond outside of my home office
- Late afternoon walks
- Sitting in the sun while watching this webinar
- Morning walks
- Spending time with loved ones :)
- alllllll the animals and coffee
- God, Life, family, and friends
- My kiddo! My garden!
- Finding pleasure in all things
- My dogs
- The Fall Weather!!
- Watching the wildlife in my yard
- Yoga, walks and my dog.
- My 10 yr old who's in the next room working on his schooling, and planning our next photo shoot
- Being Present In Tod
- Family
- Fall Weather
- Working from home with my cats!
- Beauty

Please share on our community board. Click on “view options” and select “annotate.” Please do not use the clear button as it will erase what everyone has done. We have a moderator who will save and clear the board when it becomes full.