

White Board Reflections
Monday, September 14, 2020

(Music)

>> Welcome, welcome back! Oh, I hope your break was good! My break was excellent! I decided to take in a second cup of coffee, which I normally don't do. But on the white board, I think I saw coffee somewhere earlier, so I thought that was a great idea to bring it back.

Our first breakout sessions were amazing. I learned so much in my session. Even though I've been doing this work for a long time, we have never done this work long enough to hear the new voices and to hear seasoned voices about this work that we're doing, particularly with Black women and girls. And I just really appreciated it Cicele and Tamika for all the work that you did and I'm sure the other breakouts were the same.

I just wanted to say it's so important for us to check in. And the white board is looking quite amazing as I'm looking at this white board. Some of you all have said eat something green, show myself some more love. I love that. Whoever it is going to pick up a new car, I want to see it! Call me or something so I can see it. Congratulations on picking up your new car! Read! And one of my favorite ones, breakfast for dinner. I could have breakfast for lunch, dinner, a snack. I'm glad that you put that in here. Some of the things I saw meditation, vinyasa, Pilates, a soup bowl. I'm glad that they put that arrow there. Red wine. I'll take it, I'll take it. Just in case that's not wine and those who are abstaining, I thought maybe it was a flower, but within reason, y'all, make sure you take care of yourselves. Someone has Star Trek on here. Absolutely. Walk my dog. Enjoy the sunshine. Celebrate my sister's 30th birthday! Someone is turning 30. Turn up, turn up! I hope looking at these and being able to participate by writing on the white board that you have set your intention. That has been what this town hall has been about, so we can be available for others. So, I'm certainly glad to see that. How is everybody? How are y'all feeling? Anybody else want to add anything? If you want to just unmute yourself and add short phrases about what you're going to do. I see stir fry. Anybody else want to see or share something that they saw or heard on here? Order pizza. I love it. I love it. Reflect on work I've done and what I need to keep. Yes. I like that.

Challenging ourselves. Learning to learn something new, but also to go out and practice. One of the things I always like to share in my private practice, as well as in my non-profit work is to be positive on purpose. We've got so many things happening now. So many lives that have been lost. So in lives who have been challenged, so much injustice, so much racism and just hard stuff. And I'm encouraging each and every one of us to just be positive on purpose at some point in the day. You don't have to be there all day because that's not real. Be intentional. Because a lot of times when you're thinking about what the opportunities are as opposed to what the barriers are, in addition to that. But as opposed to that deliberately, you can lower your anxiety, you can lower depression, you can start feeling better about what you can do instead of worrying about what you can't do. We can't change anybody but ourselves. Right? How can we be in the business of changing folks when we're not willing to change ourselves. So, that's not an option. We have to be willing to change, willing to be vulnerable, willing to show up. And y'all have done that all the way up to this point. And now is time for us to continue on our journey and on our work together. And as we get ready to get in our separate rooms and things, I just want to say thank you. Thank you for your presence. Thank you for your words. Thank you for sharing what you're going to do to take care of yourselves today. I see some wonderful ideas here. Watch football. All right. I can't say nothing about the Detroit Lions. We're just going to keep it moving from here. All right. Thank you all. Let's go ahead and turn it over and get started.

>> Thank you very much, Kalimah. I so appreciate your reflections. And thanks everybody for sharing on the white board. I wanted to offer a brief note. First, I want to thank Joe. Just a big round of applause for Joe for

coordinating the logistics behind the scenes for this event. Managing all of this is quite a challenge and Joe is rising to that challenge and we appreciate him.

I want to note that if you did log out during the break, you will need to be manually assigned to your breakout. And we really ask for your patience with that process. We're asking presenters to give people a few minutes to join into their sessions. And so for those of you who stayed logged in, thank you for that. And we're getting you assigned.

So, Arlene, did you have something before we moved to our breakouts?

>> No, I saw Justine's note. I started clapping on my own. All right. We're all clapping for you, Joe. No, I just wanted to find out if folks had any reflection. Maybe we have a couple minutes before we go into breakouts because Joe is getting everybody situated. Again, thank you so much, Joe. If anyone had any reflections on Justine, do we have a new white board available. If folks just want to reflect from the first breakout session anything you want to share, I know the session I went in was amazing.

And I had quite a few like takeaways from that session. And Amanda B., because we have several Amandas as presenters, mentioned, and we've heard it before, people over deliverable. And then Amanda added that was prevention. That was to prioritize people. That was one for me. Does anybody have any takeaways that you want to share from the first session that you attended?

And then we'll give Joe a little bit of time and then we'll move into our second session. So, breakout A. Anything you want to share? Put it up on the board and I'll read it. Casey and I will read it! (Chuckling) We'll read it together, Casey! Anyone, note takers? If you want to share some takeaways. Yes, community should drive. Decenter urgency. Yes, absolutely! Our presenters offered a framework around white supremacy practices with some vulnerability, authenticity, consistency, and empathy. That's a great model that we're make available to everyone. Prevention is listening. Absolutely. Casey?

>> Yes. Prevention and intervention should not compete.

>> Yay! [Applause]

>> Awesome. I noted some takeaways from Session 1B, ensuring when we receive feedback from our communities that we work to implement the strategies. Creating new structures based around the needs of a group, rather than retrofitting an existing structure to meet their needs.

>> Awesome. We had some other ones put up if you want to read.

>> Listen first, have a plan for action second. Put your money where your mouth is.

>> Yes. I like this. Building a new table. I like that. We'll hear more about that in a final plenary. Our presenters for the final plenary, they have an amazing workshop regarding how to integrate prevention and intervention with some amazing language. Experience is expertise. Absolutely. Casey, you were going to say something. (Chuckling)

>> No, yeah. Just reading along. Ages of BIPOC girls affected by DV is getting younger and younger.

>> Mm. Yeah. And in that group, one of the presenters mentioned when we talked about someone asked a great question about intervention and prevention. And someone mentioned that the survivors that they work with asked for prevention because the first thing they'll say is I wish this violence never happened in the first

place. So, that was a good ah-ha, as well. Doing this work from an intersectional approach intentionally as we talk about intervention and prevention I think is amazing and great to hear, right? On this national platform.

>> I wonder if anybody from breakout C would like to verbally share as you're thinking through your takeaways there with Glenn and Rebecca in that session.

>> Thanks for organizing this Justine.

>> Yeah!

>> Listen to the communities we serve and show up for them.

>> Yes. Lots of community.

>> I'm just listening to a webinar.

>> Somebody is not muted!

>> Oh, yes. Okay. Every organization represented on this call should take a hard look at how we're contributing to the problem and this webinar is a great step, but we can't end here.

>> And that is a good call to action for everyone represented on the call and for NRCDV collaborative partners. Because we are planning on developing a thing, I don't want to give it a name, (Chuckling), but a publication that summarizes, you know, the presentations and with some concrete action steps and recommendations for our amazing presenters and the chat box and so we'll pull it all together and that will be something that will come out of this gathering that will give concrete steps to organizations to pivot our prevention work. Right? Especially another point that Kalimah just added. Centering voices that require vulnerability. Absolutely. That pivot requires the vulnerability.

And something that showed up in breakout session A, about dismantling white supremacy, the vulnerability that's needed. We're seeing that around sessions as we talk about centering communities.

>> This is great. Thank you to our amazing presenters about these important takeaways. I wonder if we are ready to transition to our next breakouts?

>> And we have two more. And I just want to bring their voices into this space and then we can transition. So, from session C, take an example of men interrupting men and apply it to women interrupting women. And last one from breakout session A, empathy, vulnerability, consistency, showing up, transparency, authenticity. They have a framework, a nice image with those words highlighted. Well, yeah, it's time to go. Joe, are you ready for us? Do you have anything you want to say? Any instructions? Or are you just ready to send us where we belong? Oh, look at that image!

>> I'm still assigning some people to different rooms. I'm doing to take about 10 more seconds here and then I'll move you into the rooms and some people I'm going to continue to do that. So, please as they said earlier, hopefully you'll give me some grace as I do this. And I will move you in as quickly as possible. If, like I said earlier, I get you into the wrong room, you can chat me. Please tell me what room you're in by the number. Either 2A, D, or C, and what room you're supposed to be in. That will make it easier for me to find you and move you around if you don't mind doing that.

>> Thanks, Joe. And we'll be checking in with everyone for takeaways from this next session. So, please take notes and we can't wait to hear what you take away.

[2nd breakout session]

>> Hello, hello, everybody!

I hope you had an amazing time in your breakouts.

I know our session was really impactful, lots of great information.

I hope you're feeling the same way.

I hope your tool box is full.

We are going to take a break now.

So we're going to take fifteen minutes before we come back for a centering exercise with our town hall leader and then we'll go into our main plenary session.

So while we are on break, Justine, can you share the white board?

We would invite you to respond to this question.

What song is giving you life right now?

So please, share in the chat.

Maybe Evon can even queue it up for us and we can hear.

Anything else before we break, Arlene or Joe?

>> No, I just wanted to say, a couple of people highlighted music as the thing that has given them lots of joy right now.

So share some of those songs so we can all get some joy from those songs. That's it.

Thanks Casey!

>> Thanks, we'll see you back at 4:45, eastern, 3:45 central.