



## Youth Council Toolkit

Materials to help you form your own Youth Council



ICADV Youth Council 2012

# Youth Council Starter Pack

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## Welcome to the Toolkit!

Emerging evidence shows that youth engagement is an effective strategy for the prevention of teen dating abuse (Robert Wood Johnson, Start Strong Project, 2013), and for those of us working in the prevention field, this just makes sense. We know that young people are disproportionately impacted by dating and sexual violence. *They* are in the best position to inform adult preventionists about the abuse that is impacting their lives, and about effective strategies for preventing it. We also know that young people bring the greatest credibility in leading teen dating violence prevention efforts with their peers. Those of us who have had the opportunity to convene youth councils know that working with youth as preventionists is some of the most fun, inspiring and productive work that we get to do.

We compiled this toolkit to provide organizations interested in convening youth councils with sample forms, agendas, materials and advice about lessons that we've learned along the way in our experience working with youth. We hope that these materials will provide a helpful starting point, and that you'll be able to modify them to fit the needs and interests of the youth in your community. ICADV would like to thank our prevention colleagues at the Florida Coalition Against Domestic Violence for helping us to get started with our youth council, and for all of their leadership around youth engagement. Thanks also to Kelly Buzan and Todd Cawthorn from Alternatives, Inc. for sharing information about their successful experiences in working with youth in their communities. Turning Point would like to thank Foundation for Youth/ Teens for Betterment of Bartholomew County and Stephen Dishinger for their time invested in creating Teens for Change.

Jessica Smith, Teens for Change Mentor  
Colleen Yeakle, ICADV Youth Council Facilitator

## FAQs About Convening a Youth Council

### **1. How/where have you successfully recruited youth?**

- **Alternatives**--With the help of current members, we recruit through word of mouth. Young men have been successfully recruited through connections with Alternatives staff, friends and dating partners that are involved with the youth group. We've also used the National Honor Society's community service requirement as an incentive.
- **ICADV**--We've had the greatest success in working with local domestic violence programs, partners in other organizations, and youth serving programs to help us identify young people who are already engaged in teen dating violence prevention or other social issues. In our experience, the kids who are already active around social issues have been committed and consistent in their participation with our youth council work.
- **Turning Point**--We initially partnered with another area agency that works with teens. We currently use marketing materials in all of our area schools, social media, attend freshman orientation, recruit senior project candidates, and through word of mouth during prevention presentations.

### **2. Do you compensate your members for their participation (stipends, mileage, food)?**

- **ICADV**--Because we have a funding source that enables us to do it, we pay our youth council members a stipend for each meeting. This feels important to us because we ask them to do lots of real work for ICADV, because we want to show them that their time and opinions have value, and because we think that payment makes participation possible for kids from low-income families that might not be able to be part of our work without compensation. Because kids are traveling from all over the state to participate in our meetings, we do compensate them for mileage. Since our meetings typically last about 5 hours, we do feed our council members; pizza and fruit snacks (honestly) are favorites.
- **Turning Point**--We don't compensate our members for their participation, but we do provide food during meetings.

### **3. How often does your youth council meet? How long do meetings typically last?**

- **Alternatives**--The meeting schedule is sporadic, but meetings usually last between an hour and 90 minutes.
- **ICADV**--The ICADV youth council typically meets one time each month for about five hours.
- **Turning Point**--The meetings are every other week during the school year; we meet every week during January and February to prepare for special projects and events. We typically meet for an hour to hour and a half; project meetings are longer and we attend extra events during the summer.

### **4. Where do you meet?**

- **Alternatives**--We meet either at a local high school or at the local fire department.
- **ICADV**--We meet here at the Coalition.
- **Turning Point**--We use a few different locations—local mall, schools, and Turning Point office. It depends on what we're doing and the time of year.

**5. Is your group comprised of students from one school or from across different schools?**

- **Alternatives**—Our council members are all from one high school.
- **ICADV**--Since we're statewide, our students come from different schools.
- **Turning Point**—We currently have students from three high schools.

**6. How involved are your council members in forming your meeting agendas?**

- **ICADV**—Our council members are very involved in forming meeting agendas. The agendas are generally centered around the project goals that the council members have established for the year.
- **Turning Point**—Adult mentors create and print the agenda, but the ideas and projects are teen lead. The teens guide the topics or give ideas for the agenda that will be used at each meeting.

**7. How do you train/orient new members?**

- **Alternatives**—We train with a combination of info and materials from our school teen dating violence prevention presentations, Alternatives website and agency information.
- **ICADV**--We train through a combination of conversations about the issue and through the implementation of prevention strategies. We conduct a teen dating abuse and primary prevention training with all new members; as we're entering our second year as a council, the veteran members have led this discussion with the new members. Since our meetings are long (approximately 5 hours); we generally spend the first half in ongoing training conversations for all members. We discuss current events and how those inform/impact our work.
- **Turning Point**—We provide education at each meeting throughout the year; topics depend on the meeting and what we're working on. The basic information about Dating Violence and safety resources are covered, and then additional education is based on what we are doing. For example; Creating a PSA may be the focus of a meeting.

**8. How do you manage turn-over in your council membership?**

- **ICADV**--We have had some drop-off in participation, but we've been lucky to retain a core of 4 active council members over two years. They have helped to recruit new members from among their peers. We ask our long term members to try to recruit replacement members to continue their work after they graduate or leave the council.

We've developed a training system that enables us to support leadership and facilitation skills among veteran members by asking them to train new members. We integrate on-going training with projects so that we can get new members up to speed while moving forward on our prevention goals. With this approach, we'll feel like we're moving forward together, rather than starting over with each new group.

- **Turning Point**—We try and plan ahead if we have a significant amount of Seniors leaving. At this point we have enough name recognition and marketing at the schools that turnover has not become a problem. We have been able to recruit new members whenever there has been turnover.

**9. What activities/initiatives have your teen members been involved in or led?**

- **Alternatives**—Our youth have conducted poster campaigns, sidewalk chalk messaging and a school post it note campaign.
- The **ICADV Youth Council** members have taken the lead on:
  - Reviewing and vetting ICADV's teen dating abuse information and messaging
  - Conducting presentations about teen dating violence prevention for professionals at our annual conference and via webinars
  - Providing teen dating violence prevention information at community fairs
  - Participating in media interviews
  - Creating social media platforms to describe their work
  - Reviewing their schools teen dating abuse policies and discussing those with school administrators
  - Convening and facilitating a teen dating violence prevention summit for youth from across Indiana
  - Writing letters to legislators and to entertainers about teen dating violence prevention
  - Creating teen dating violence prevention materials for statewide dissemination
  - Composing a letter to the editor for statewide distribution encouraging parents to engage with youth in conversations about healthy relationships
- **Turning Point**—Teens for Change have been involved with:
  - Organizing the community **HE(ART)** event to use art to engage community members in conversations about healthy or unhealthy relationships.
  - Creating Teen Safety Resource Cards
  - Creating Marketing / Branding materials for Teens for Change
  - Engaging with community partners
  - Getting involved at the State and National levels
  - Engaging the media, multiple press releases and news articles
  - 1 in 3 campaign
  - Dating Bill of Rights
  - Public Speaking / Community Presentations on Dating Violence, Sexual Assault and Teens for Change Activities

**10. Do your council members form an annual plan of goals that you'd like to work on?**

**ICADV**--Yes, our council members form an annual plan of prevention strategies and activities.

**Turning Point**—Teens for change completed a list of broad group goals last year. Then at the end of each year they discuss what their focus will be for next year.

**11. Does your council have a mission statement? If yes, please share it!**

**Turning Point**—The Teens for Change mission is:

*We are a teen initiated dating violence prevention group, dedicated to the prevention, awareness, and education of dating violence in this community to promote safety and equality to all teens in relationships.*

**12. What techniques have you found to be successful in maintaining the momentum of your teen group?**

- **ICADV**—Our council members have reported really appreciating the way that we engage them in conversations rather than talking at them. We support their leadership and opinions about our shared work. We've tried to find ways to recognize the youth council's work—conference presentations, media participation—and to find new ways for them to use their skills in their local communities, as well as at state and national levels.
- **Turning Point**—We have tried to make sure they have access to additional opportunities, and try to let them get some community spotlight for their hard work. When the teens can see the outcome of their efforts it seems to be a motivator for their continued momentum.

**13. Do you have any sources of funding or in-kind donations that support your youth council work?**

- **Alternatives**—No.
- **ICADV**--Yes, our federal DELTA FOCUS grant supports our youth council. We use undesignated coalition funds to cover food costs.
- **Turning Point**-- Funding sources vary--we dip into some of our prevention funding on occasion if the grant allows, but for the most part run the group with little to no money. We do get donations for food and other items when needed. The teens play a part in getting the donations, and thanking donors.

**14. What resources do you use to inform your work with youth?**

- **ICADV**—Sources include:
  - Stand4Respect--[www.stand4respect.org](http://www.stand4respect.org)
  - PARK (peace, acceptance, respect, knowledge)--[www.knowyourpeace.org](http://www.knowyourpeace.org)
- **Turning Point**—Sources include:
  - Loveisrespect.org
  - ICADV
  - Utah Teen Dating Scene
  - Start Strong
  - Love Is Not Abuse (LINA)
  - Break the Cycle Materials (Speak, Act, Change)
  - One Love Foundation

**15. Any other advice that you would like to share about successfully engaging with youth in your prevention work?**

- **Alternatives**—Stay involved with the schools that your members attend. We found that this makes working with staff for events a lot easier.

- **ICADV**
  - Provide them with information and support, then let them lead!
  - Focus on building group cohesion with a lot of activities and conversation in your early meetings. This will help to form the trust among group members necessary for deeper conversations about healthy relationships, healthy sexuality and abuse prevention.
  - Email isn't a very effective communication strategy. Texting or social media are more reliable methods for getting in touch.
- **Turning Point**
  - The teens must have buy in from each other, about the issue and the mentors.
  - It is important to stick with a schedule and not miss meetings, the teens depend on you and if the schedule is flaky so will be their attendance.
  - They have to spread the word, having a marketing and social media campaign is critical. People need to KNOW YOUR NAME!
  - Remember these students are volunteering their time. THANK THEM, THANK THEM, THANK THEM.
  - Find some funding, as minimal as it may be, to help with projects and events.

## **Sample Application Forms from Indiana Coalition Against Domestic Violence**

ICADV uses a brief, written application form to help select new Youth Council members. This helps to give us a sense of each applicant's understanding of the issue and is also a first indicator of commitment and follow through. Our application packet also includes parental permission and permission for minors to be photographed and/or filmed for social marketing and educational materials.

We then follow up with a brief phone interview with each applicant to identify any personal experience of domestic, dating or sexual violence. Personal experience(s) of abuse aren't grounds for exclusion, but we want to screen to be as certain as we can that all members are in a position to participate in the council without experiencing any negative impacts. We also want to know so that we can be prepared to provide survivors with additional support along the way.

We read the informed consent form together with all new members at their first meeting. We feel like this helps us to be really clear about the work of the group, and to model that we will work with the group in ways that are transparent and respectful.

## **Indiana Coalition Against Domestic Violence Youth Advisory Council Application**

The Indiana Coalition Against Domestic Violence is seeking teen advocates (ages 14-17) for participation on a state-level youth advisory council. Selected youth will work with ICADV staff to develop the Coalition's teen dating violence prevention initiatives, messaging and materials.

Selected applicants will work with peers at in-person meetings to develop the project plans and materials. Participants will be compensated with \$40.00 for each in-person meeting and will be reimbursed for mileage costs. Additionally, participants will present information about their work at ICADV's annual conference in October; youth will receive a \$50.00 honorarium for this presentation. The first in-person meeting will be conducted in May at ICADV (1915 W. 18<sup>th</sup> St. Indianapolis, IN 46202). Please respond to the following questions and return this form electronically to Colleen Yeakle (cyeakle@icadvinc.org ) or by mail at the ICADV address listed above) **by July 17th** if you would like to be considered for this project.

Name: \_\_\_\_\_

Age: \_\_\_\_\_

School: \_\_\_\_\_

Sex: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Please answer the following questions. Feel free to add a page if the space below isn't enough (but don't feel like you have to). We appreciate your thoughtful responses.

Why do you want to serve on ICADV's Youth Advisory Council?

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Why do you think that you would be an asset to the council (what special experience, skills or perspective do you bring)?

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(more)

**Please read this carefully before signing:**

**The applicant should initial the following statement upon agreement:**

I understand the requirements of the Youth Advisory Council, and if I am selected I will devote the time and resources necessary to participate in project activities and to attend program events. I understand the above commitments and agree to them by signing this application.

**The applicant's parent/guardian should initial each of the following statements upon agreement:**

I give my informed consent and permission for the youth to participate in the Youth Advisory Council and its related activities.

I hereby grant permission for the Youth Advisory Council organizer to make contact with the youth regarding scheduling and project activities.

I release the Youth Advisory Council of all liability of injury, death, or other damages to me, my child, family, estate, heirs, or assigns that may result from his/her participation in the program, including but not limited to transportation, and hold harmless any Youth Advisory Council program staff, or other representatives, both collectively and individually, of any injury, physical or emotional, other than where gross negligence has been determined.

By signing below, I attest to the truthfulness of all information listed on this application and agree to all the above terms and conditions.

---

Youth Signature

---

Date

---

Parent/Legal Guardian Signature

---

Date



1915 W. 18<sup>th</sup> Street, Suite B – Indianapolis, IN 46202  
Administrative: 317-917-3685 – 800-538-3393 – Fax 317-917-3695  
E-mail: [icadv@icadvinc.org](mailto:icadv@icadvinc.org) – Website: icadvinc.org

## PHOTO RELEASE

I hereby authorize Indiana Coalition Against Domestic Violence, hereafter referred to as “ICADV,” to publish photographs taken of me, and my name and likeness, for use in ICADV's print, online, digital and video-based marketing and publicity materials.

I hereby release and hold harmless ICADV from any reasonable expectation of privacy or confidentiality associated with the images specified above.

I further acknowledge that my participation is voluntary and that I will not receive financial compensation of any type associated with the taking or publication of these photographs or participation in company marketing materials or other ICADV publications. I acknowledge and agree that publication of said photos confers no rights of ownership or royalties whatsoever.

I hereby release ICADV, its contractors, its employees, and any third parties involved in the creation or publication of marketing materials, from liability for any claims by me or any third party in connection with my participation.

### Authorization

Printed Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Parent or guardian (if the subject is under the age of 18)

Printed Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Street Address (if different from above): \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

## **ICADV Youth Council Interview Questions**

Are you able to commit to a minimum of one year of service? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What brings you to advocacy in this movement? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

We have really open conversations –are there any beliefs or topics that you don't feel  
comfortable discussing? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Lots of people come to advocacy in this field because of personal experience of abuse. Do you  
identify as a survivor? Yes/No

If yes, where are you at with that experience? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

How do you take care of yourself? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Where do you get support? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## **Indiana Coalition Against Domestic Violence Youth Advisory Council Informed Consent**

**Purpose:** You have been invited to participate as a member of ICADV's youth advisory council. The purpose of this council is to guide the development of the Coalition's teen dating violence prevention materials and strategy, and also to provide your expert opinions in response to questions posed by partner agencies from around the state.

We think that this is really cool. Our goal is for us to work together and learn together about how we can be effective in promoting respectful, safe, healthy relationships among teens in Indiana. We recognize that this subject sometimes requires us to think about the abusive behaviors that teens are experiencing. We know that this can be tough. Ultimately, we won't ask you to stick with the council if your participation is causing you any discomfort. You have the right to withdraw at any time; please just let us know, or else we will worry. We believe that this will be an exciting, productive and empowering experience; thanks for being part of it.

**Responsibilities:** Responsibilities of council membership include participating in a monthly scheduled meeting (some will be in person and some will be online), participating in the development of the council's goals, honestly sharing your ideas, communicating with council members and following through on the responsibilities that you sign up for.

**Benefits:** You will be compensated with a \$40 stipend for each in person council meeting. You will receive a \$50 honorarium for your presentation at ICADV's conference on October 9<sup>th</sup>, 2013. You will receive compensation for mileage to cover the cost of travel to these in person meetings. We believe that participation on the council will strengthen your leadership and advocacy skills. We know that your expert opinions will contribute to the success of ICADV's work to prevent teen dating violence.

**Risks:** We believe that the risks attending council participation are minimal. Our focus will be on strategy for fostering healthy, safe, fair, respectful relationships, but we recognize that this will also mean thinking about abusive behaviors. We recognize that survivors of violence may feel discomfort when talking about violence prevention. ICADV staff will be available to help process our conversations and experiences, and we will offer additional resource numbers where you can seek info and advocacy services should you need them.

I have read the informed consent document and I understand my rights and responsibilities as a member of the council.

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Name	Signature	Date
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ICADV Staff	Signature	Date
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## Sample Permission Forms

\*These forms have been created by Turning Point Domestic Violence Services, Teens for Change and available for reproduction or adaptation for non-profit or educational uses. Forms should be used as a guide and modified to meet the laws in your state.



Turning Point  
Domestic Violence Services

Teens for Change

### Dating Violence Awareness and Prevention Council Participation Slip

**Teens for Change** are a Dating Violence Awareness and Prevention Council. Your Teen has expressed interest in continuing or joining this group. The Teens in this group volunteer their time to make a community impact, be peer leaders, and work on service projects related to the issue of Dating Violence. They will participate with other teens to collaborate efforts to raise awareness and education around this issue. Over a Teens lifetime, it is likely that 1 in 3 of them will experience some type of abuse in a relationship. Your Teen recognizes this to be a problem that is significant in their community. If you have questions regarding topics, or projects the group is working on you are welcome to attend a meeting or contact one of the adult mentors.

If during one of the groups a Teen would disclose that they are unsafe or another Teen they know is unsafe because of dating violence, the adult mentors in the group would follow the appropriate reporting procedures. We are not providing direct services to Teens in these groups, but would be open to making a referral if an issue came up and working in collaboration with parents.

We are thankful your Teen has expressed interest in joining this group. We are proud to have Teens in this community who are willing to make a change around issues that impact them. Thank you for taking the time to consider your Teen being a Teen for Change this year! We look forward to all of the things they will accomplish.

Student Name: \_\_\_\_\_ Student Date of Birth: \_\_\_\_\_

Student Cell Phone: \_\_\_\_\_ Student E-mail: \_\_\_\_\_

Student Address: \_\_\_\_\_

Parent(s)/Guardian(s): \_\_\_\_\_

Parent's Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Parent E-mail: \_\_\_\_\_

(more)

Emergency Contact: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

**Please read this carefully before signing:**

**The applicant's parent/guardian should initial each of the following statements upon agreement:**

- I will allow my Teen to ride with Jessica Smith or Stephen Dishinger, or designated staff member from Turning Point to different community events or activities for the group if needed.
- I give my informed consent and permission for my Teen to participate in the Teens for Change Group and its related activities.
- I understand that the nature of the group is to educate, advocate, role model, learn, and discuss issues around Dating Violence in this community and around the country that impact Teens, and agree that they can participate in those discussions.
- I hereby grant permission for the Teens for Change Adult Mentors to make contact with the youth regarding scheduling and project activities.
- I grant permission for my Teen to be in digital media, social media, newspaper, community articles or displays regarding the work they have completed during their time with the group. This may be photos, video, articles using names, or projects they create to display in the community.
- I release Turning Point Domestic Violence Services, its agents, staff and volunteers of all liability of injury, death, or other damages to me, my child, family, estate, heirs, or assigns that may result from his/her participation in the program, including but not limited to transportation, and hold harmless any program staff, or other representatives, both collectively and individually, of any injury, physical or emotional, other than where gross negligence has been determined.

By signing below, I attest to the truthfulness of all information listed on this application and agree to all the above terms and conditions.

\_\_\_\_\_  
Youth Signature \_\_\_\_\_ Date \_\_\_\_\_

\_\_\_\_\_  
Parent/Legal Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

If you have any questions about the Teens for Change, please do not hesitate to call or email me at my office or on my cell phone. Email: [jessicasmith@turningpointdv.org](mailto:jessicasmith@turningpointdv.org) Phone: 812-379-5575 ext. 211 Cell: 812-344-0237



Turning Point  
Domestic Violence Services

Teens for Change

### **Overnight Event and Travel/Medical Care Participation Slip**

Student Name: \_\_\_\_\_ Student Date of Birth: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Student Email: \_\_\_\_\_

Student Address: \_\_\_\_\_

Parent(s)/Guardian(s): \_\_\_\_\_

Parent's Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Parent E-mail: \_\_\_\_\_

Parent(s)/Guardian(s): \_\_\_\_\_

Parent's Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Parent E-mail: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_ Address: \_\_\_\_\_

\*\*Except for the section related to travel, signing this permission slip does not change the effect of signing the "Teens for Change: Dating Violence Awareness Council Participation Slip". You may request a copy of that document at any time.

**\*\*Please turn over to review and complete sections for  
Medical Care and Travel\*\***

### **Permission to Seek Medical Care**

\*\*Please provide a copy of the medical/dental/prescription insurance card\*\*

Health Insurance Company: \_\_\_\_\_ Member #: \_\_\_\_\_

Child's Primary Doctor: \_\_\_\_\_ Parent's Doctor: \_\_\_\_\_

List all known allergies: \_\_\_\_\_ Date of last Tetanus Immunization: \_\_\_\_\_

Current Medications, with name, dosage and dispensing instructions: \_\_\_\_\_

**I/We authorize Jessica Smith or Stephen Dishinger, or designated staff member, to consent to any x-ray, examination, anesthetic, medical or surgical or dental diagnosis or treatment and hospital care to be rendered to the minor child under the general or special supervision and admit such visitors to Emergency Department, surgery and/or delivery rooms that are sanctioned in the policies established by the Hospital or medical care provider.**

**Signature of Parent/Guardian:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**The participant's parent/guardian should initial one of the statements below:**

- I give my permission to administer over the counter medications as needed (Advil, Tylenol, etc.)
- I do not want my child to be administered any over the counter medications unless I am contacted and consent.

The undersigned adult shall be liable and agrees to pay all costs and expenses incurred in connection with such medical and dental services pursuant to this authorization. Should it be necessary for my child to return home due to medical reasons, or otherwise, the undersigned shall assume responsibility for transportation or transportation costs incurred.

**Signature of Parent/Guardian:** \_\_\_\_\_ **Date:** \_\_\_\_\_

### **Permission to Travel**

I hereby give permission for my son/daughter to travel with Jessica Smith, designated Turning Point staff member or Stephen Dishinger, to different community events or activities for the group if needed.

**Signature of Parent/Guardian:** \_\_\_\_\_ **Date:** \_\_\_\_\_

\*\*By signing each section above, I attest to the truthfulness of all information listed on this application and agree to all the above terms and conditions.\*\* If you have any questions about the Teens for Change, please do not hesitate to call or email me at my office.  
[jessicasmith@turningpointdv.org](mailto:jessicasmith@turningpointdv.org) or 812-379-5575 ext. 211

## ICADV Training Outline

This is a copy of the presenter's agenda for an initial council meeting. Our training meetings last about 5 hours. For a shorter meeting, you could break these ideas into separate sessions. I was really thorough about constructing the agenda for the first training meeting because I was *nervous!* Subsequent agendas are much less elaborate. Rather than doing a lot of talking at council members, I like to lead with questions that enable the youth to engage in conversation about the issue. Feel free to contact us if you have questions about a specific activity.

### July 21<sup>st</sup> Youth Advisory Council - Facilitators' Training Agenda

Time-ish	Minutes	Content	Who	Process	Notes
10:00	10	Conduct baseline survey	Colleen	I'm just going to ask kids to do this as they arrive. Not sure how long it will take; just want to get the baseline in before we start educating.	Hand out and collect
10:10	15	Ice Breaker/Intros	Kelly		
10:25	5	Informed consent	Colleen	I'm actually planning to read it because I think it's important.	Hand out and collect
10:30	5	Ground rules	Kelly	Your thoughts? Can we have a student volunteer record the rules on butcher paper?	
10:35	10	Healthy Relationships <ul style="list-style-type: none"><li>• Definition</li><li>• Components</li><li>• How does this community look/feel?</li></ul>	Kelly	I feel like most of our kids have some background experience here so we can cover this quickly just to be sure that we're on the same page. Again, to be maximumly engaging, I think that it would be good to ask the kids to record the notes.	
10:45	10	Teen Dating Abuse <ul style="list-style-type: none"><li>• Definition</li><li>• Components</li><li>• Impact<ul style="list-style-type: none"><li>○ Who</li><li>○ What</li><li>○ How does this community look/feel?</li></ul></li></ul>	?	Same as above	

10:55	15	Why does TDA happen?	Kelly	“But Why” activity. Ask question to back up thinking from an individual incident of abuse to the social norms that enable that abuse.	Write the identified causes/social norms on the butcher paper; this is what we’re trying to prevent.
11:10	15	Social norms • Definition • Hot dogs for breakfast	Colleen		
11:25	35	Prevention • Definition (not your grandma’s prevention) • How do we get from here to there? • Social ecology (map of influence) • Why isn’t there coke in my coke machine activity	Colleen		
12:00	30	Lunch		I’m thinking thirty minutes for break/down time/socializing/getting food.	
12:30	15	Recap and prevention quiz	K and C	Just thought that it might be wise to build in a bit of time for clarification, emerging questions, reiteration. The quiz is designed to distinguish b/wn prevention, awareness, and intervention.	
12:45	30	Social justice • Definition • How does social justice intersect with our work? • Do we have responsibilities here? • What can you do about it? • What can ICADV do about it?			
1:15	10	Break			

1:25	75	<p>Council plans</p> <ul style="list-style-type: none"> <li>• Existing goals</li> <li>• What others have done (FL plan)</li> <li>• Generate our goals</li> </ul>		<p>Pass out the Florida Council's strategic plan</p> <p>Brainstorm ideas (two working groups?)</p> <ul style="list-style-type: none"> <li>• Refine ideas according to feasibility (whole group)</li> <li>• Assign roles if appropriate</li> </ul>	
2:40	20	<p>Next Meetings</p> <ul style="list-style-type: none"> <li>• Determine dates</li> <li>• August online meeting strategy</li> <li>• Agenda</li> <li>• What do you want to eat in September</li> <li>• Homework</li> </ul>			

## Sample Meeting Agendas

**ICADV**—When we were getting started as a group, our agendas were pretty structured. As we got used to working together, the youth took greater leadership in determining the agenda, and they became less formal. I've included two here.

### September 22<sup>nd</sup> ICADV Youth Council Meeting Agenda

#### Intros

#### Primary Prevention Speed Recap

- Definition
- Strategy
- Heather's Law

#### What do we mean by social justice?

#### What can we do about it?

- What can you do?
- What do you think that ICADV and state partners should do?

#### Social Media Site Status

Please report on the status of the social media platforms you've been working on. How can we access it? What do you need from us to support the site?

- Facebook—Sharon
- Twitter—Ariana
- Youtube channel—Makayla
- Tumbler—Frederick
- Instagram—Japreah

#### Assignment Reports—Please report briefly on your work, findings, recommendations, etc.

- School policy identification—Japreah and Trendha
- Sexual violence prevention council logo contest--Sharon
- ICADV web content—Makayla and Ariana

#### October 9<sup>th</sup> presentation

What do you want to tell/show a room full of DV professionals?

- About your work
- About TDV
- About prevention
- How can we best divide the work for your presentation?

## **ICADV Youth Council Meeting Agenda 4.20.13**

### **1. Radio Disney Stuff**

- Script 30 sec. PSA
- Radio Disney radio interview questions
- Radio Disney festival/fair dates (choose 2)
  - ISO/Disney Jr – 5/5
  - Center Township Funfest for Kids – 6/8
  - Riverstage Twilight Cinema – 6/8
  - Hancock County Fair (must be approved) – 6/21
  - Wristband day at Hancock Co Fair (must be approved) – 6/26
  - **Family Fun Day 6/29**
  - RD @ victory Field/Indians – 7/13
  - Riverstage – 7/13

### **2. Legislator invite letters**

Lunch somewhere in here

### **3. Youth Summit Presentation Walk-through**

- Spirited Intro—Ariana
- Ice Breaker—(Who is leading this?)
  - Break into groups:
  - Who are you?
  - Where are you from?
  - What are you up to?
- Primary Prevention Overview (Sharon and Jacob)
- Groups with Circle Activity (Sharon and Jacob will organize this??)
- Afternoon ice breaker (Makayla)
- Legislator conversation
- Brag and Steal session
- Closing—Go round—ask folks to talk about what they got from the day and/or what they think they will do next.

### **4. Review new member training plan**

## Sample Meeting Agenda Turning Point



We are a teen initiated dating violence prevention group, dedicated to the prevention, awareness, education of dating violence in this community to promote safety and equality to all teens in relationships.

### AGENDA

- Introductions (Who is who)
- Men's Event / Jacob
- Respect Challenge Futures without Violence
- Dating Violence (Cards)
  - Definition and Resources
  - Domestic Violence Awareness Month
- PSA
  - New Chair
  - Team Approach / Committee
  - -Dance marathon opportunity
- \*HEART
  - Stephen / Flyers

Next Meeting October 2<sup>nd</sup>! Housekeeping- Food, Twitter, Facebook, Blog

*\*Created by Turning Point Domestic Violence Services, Teens for Change; and available for reproduction or adaptation for non-profit or educational uses. Forms should be used as a guide and modified to meet the laws in your state.*

## Youth Council Messaging and Materials

### Alternatives

- This is a teen dating violence awareness raising video compiled by the New Palestine youth group  
<http://www.youtube.com/watch?v=0ghqvtlosM>
- This is a video of the New Palestine's sidewalk chalking event in 2012  
<http://www.youtube.com/watch?v=80EKO8YK8To>
- This is a clip of the work of the new Palestine group that was featured on Shattering the Silence  
<http://www.youtube.com/watch?v=EkrR4zHmJ4k>

### ICADV

#### ***30 second Public Service Announcement Script:***

It would be great if TV programs showed how relationships **really** work.  
But they don't...

Respectful relationships don't need to be a mystery.

You shouldn't have to worry, "Does he like me?" or "Does she like me?" We should be able to talk about it.

A good relationship is a lot like a good friendship.

You should feel:

Safe, happy, trusted, cared for, respected

Let's be honest and talk about our feelings.

"I really like this girl"

"Hey, Jill. I really like this guy"

"Hey, son. How are your friends?"

Together, we can stand for respect. Visit Stand4Respect.org

## Youth Council Prevention 3x5 Card

**We don't have to put up with  
dating abuse and violence.**

**There are things we can do to become involved.**

- Find and join groups in your community working to prevent the abuse.
- Talk to your friends about healthy relationships.
- Start a dating violence prevention group in your school.
- Talk to adults about improving relationships in your community.
- Model healthy behaviors in your relationships.
- Call out crappy behavior.
- Remember that you have the power to create change.
- Become part of the solution.

**Be the change you wish to see in the world.**

- Gandhi

 [www.icadvinc.org](http://www.icadvinc.org)

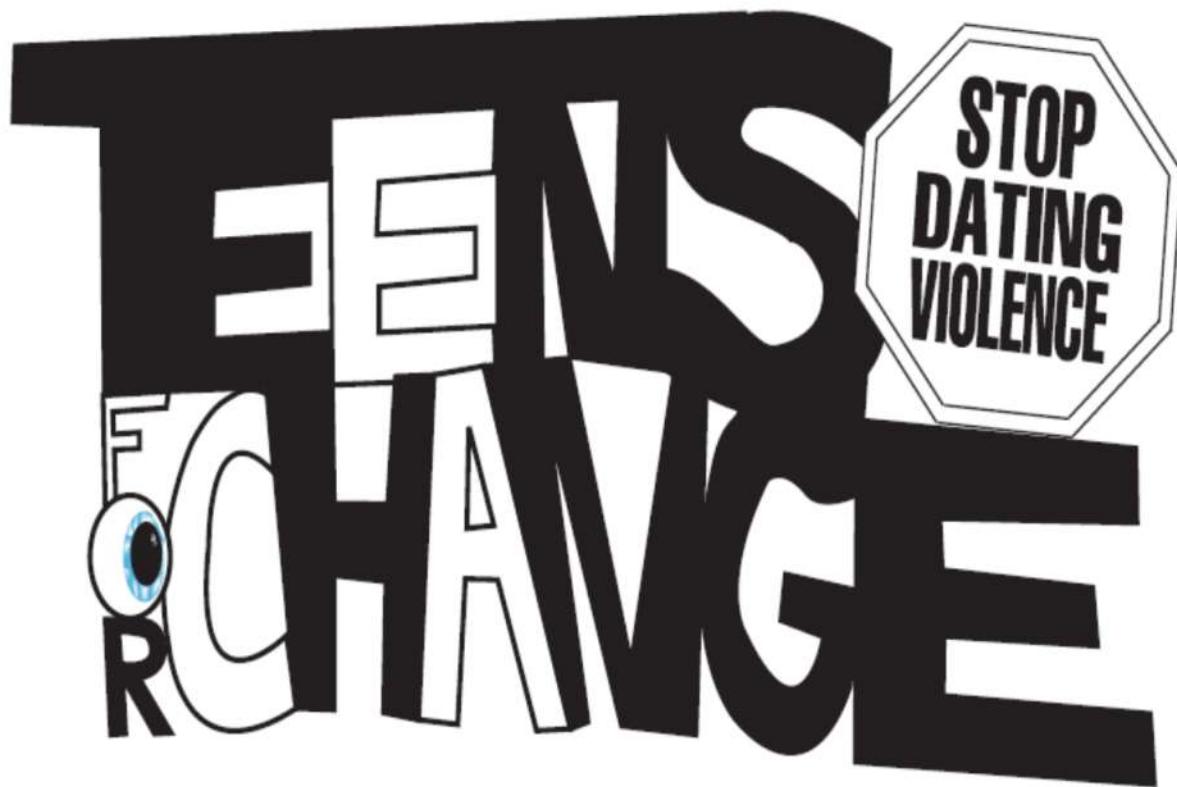


**Dating Abuse: When a person uses threats, physical violence or emotional abuse to control their dating partner.**

<ul style="list-style-type: none"><li>• 11% of Indiana high school students reported physical abuse from a boyfriend or girlfriend in the past year.</li><li>• In national studies as many as 50% of youth report emotional abuse.</li></ul>	<ul style="list-style-type: none"><li>• 11% of Indiana high school students reported physical abuse from a boyfriend or girlfriend in the past year.</li><li>• In national studies as many as 50% of youth report emotional abuse.</li></ul>
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[www.facebook.com/ICADVYouthCouncil](http://www.facebook.com/ICADVYouthCouncil) - [www.twitter.com/ICADVYouth](http://www.twitter.com/ICADVYouth)

**Turning Point**  
**Teens for Change Logo**



**He(ART) Event Information Letter and Flyer**

\*\*The flyer used would not copy to this document, for a preview of the flyer please visit our facebook page at [www.facebook.com/teensforchangecolumbus](https://www.facebook.com/teensforchangecolumbus)



## Turning Point Domestic Violence Services

Community Partner,

February is Dating Violence Awareness month, and I am asking that you help a great group of teens promote awareness and education for the month of February!

Attached you will find a flyer to an excellent event taking place on February 15<sup>th</sup> @ 7:00pm, at the IU Center for Art & Design in downtown Columbus. The Teens for Change, is hosting a Teen planned Art Show, called HEART!

The show will focus on aspects of healthy and un-healthy relationships from a teen's perspective. All of the art and displays have been made by different teens in the community, painting, crafts, 2D/3D art, photography, and some other displays. The show is Valentine weekend, is free, and we have been fortunate to have been offered such a wonderful space.

The ways you can help are as follows;

1. Come to the art show, show your support by just walking through the show. I think you will find it very interesting and impressive what Teens think about relationships (good and bad). Bring someone with you what better way to celebrate Valentines then with Art, and at an art show called HEART! There will be another show that night at the gallery that you are welcome to visit.
2. Share this information with any teens you may know, work with, or others who may want to come.
3. Link people to our new facebook page, [www.facebook.com/teensforchangecolumbus](https://www.facebook.com/teensforchangecolumbus). The event is also posted on this page.
4. Maybe you know a teen that would still like to turn a piece in, or you are a teacher who already has an amazing piece a student did and would like to submit it. They can email me at [jessicasmith@turningpointdv.org](mailto:jessicasmith@turningpointdv.org).

I hope that I see everyone one of you there, and that you are as amazed as I am by some of the Teens we have here in Columbus. If you come take the time to ask them questions about relationships, dating and what is and is not healthy. Our goal is not just to be aware, but that teens are educated and recognize the good and bad in relationships.

Let me know if you have any questions, and thank you for your support in advance!!

Jessica Smith

**Jessica Smith**  
Bartholomew County Prevention Services Program Manager  
Turning Point Domestic Violence Services  
(812)379-5575 ext. 211 or 800-221-6311

**Teen Safety Resource Card / Created by Teens for Change**

