

Webinar Series #1 Thing to #Care4Advocates Mind, Body, and Soul

Presented by Marissa Williams M.A, LPC, NCC, CCTP



Call For
unity

No Survivor
Justice
Without
Racial Justice

CULTIVATING JOY TOWARDS LIBERATION

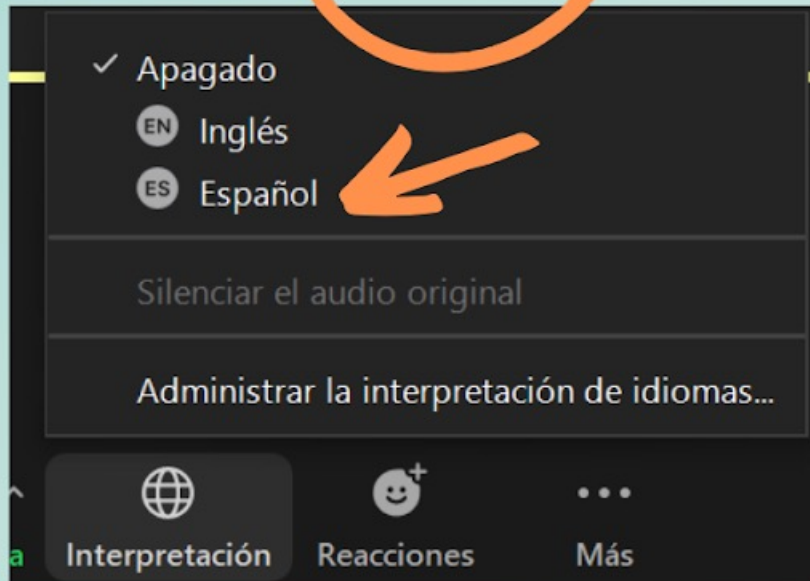
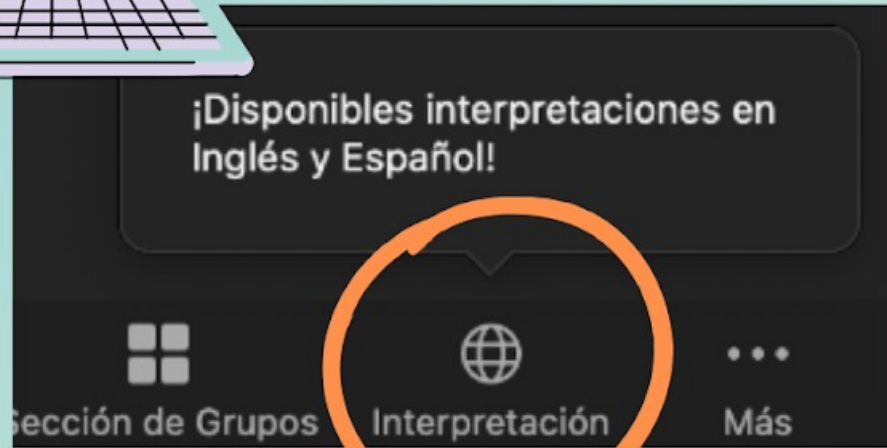


Thursday, October 6, 2022

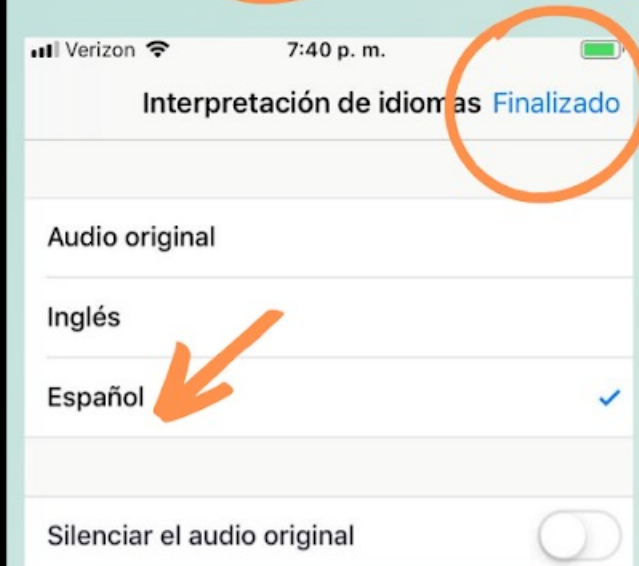
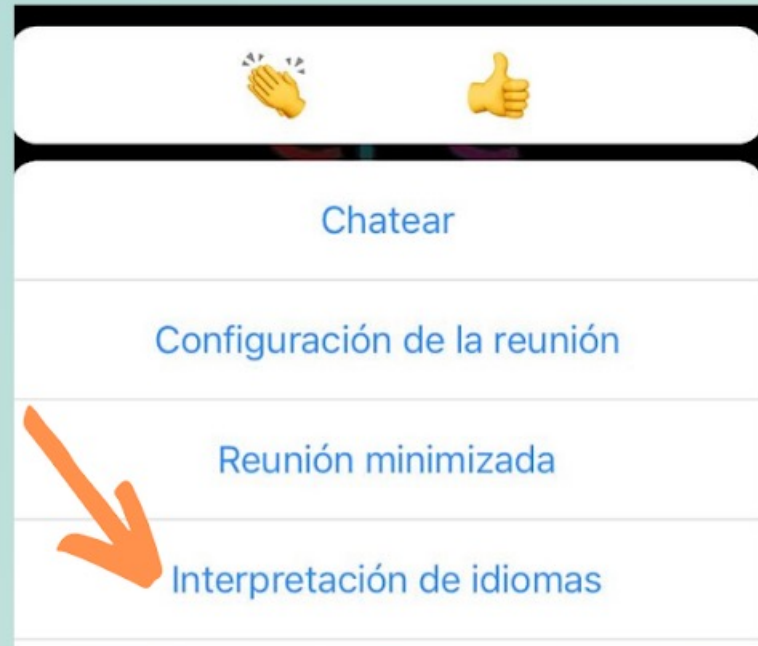
PARA ACCEDER A LA INTERPRETACIÓN



Por computador



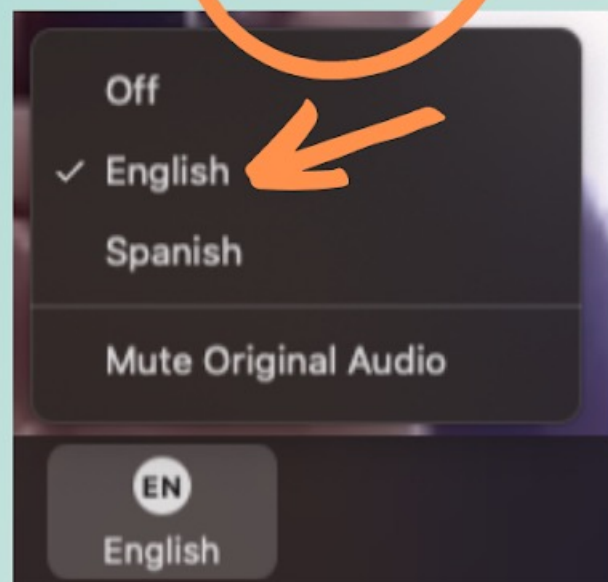
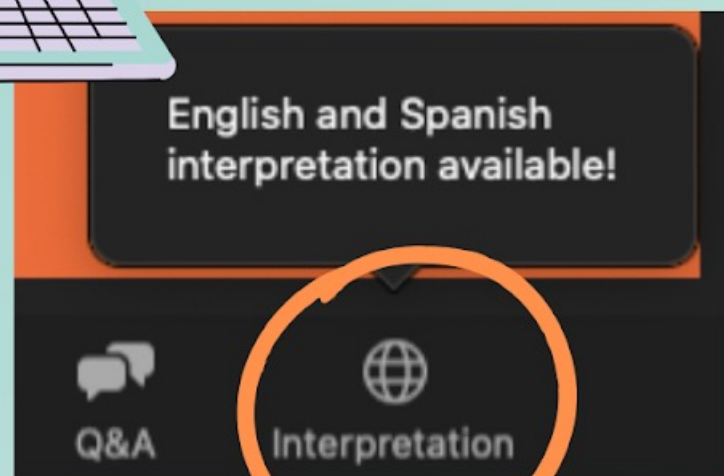
Por teléfono inteligente



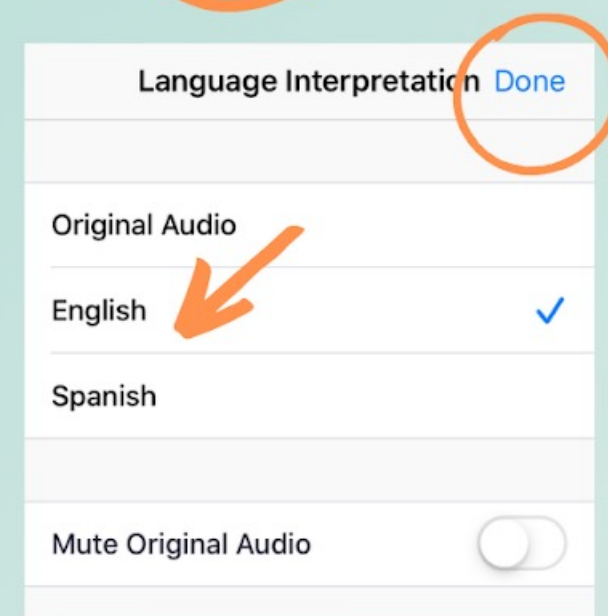
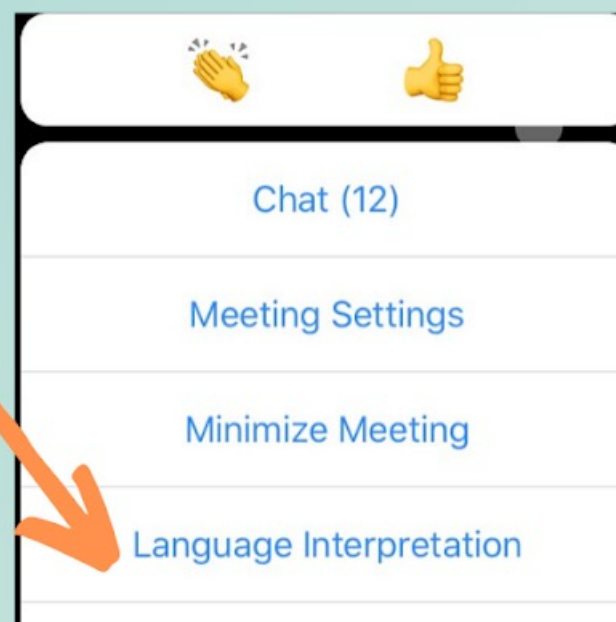
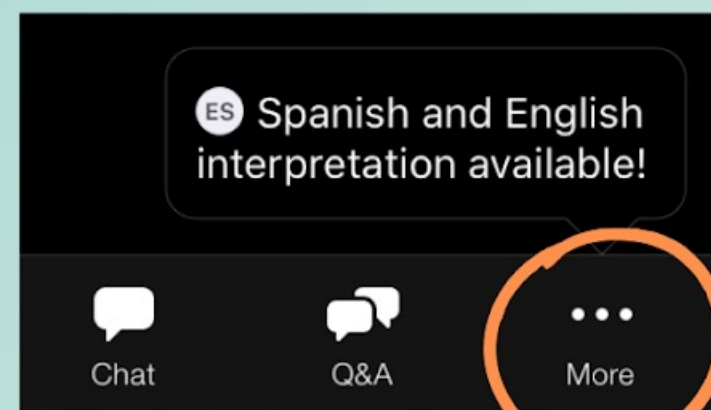
TO ACCESS INTERPRETATION



Via computer



Via smartphone



NRCDV STANDS.

WE STAND with individuals and groups who have been targeted, degraded, threatened, or marginalized because they are Native Americans, people of color, immigrants, women, Muslims, LGBTQ, or people with disabilities.

WE STAND against white supremacy, racism, misogyny, anti-Semitism, homophobia, transphobia, xenophobia, and all other forms of structural oppression.

WE STAND with survivors of domestic and sexual violence, especially those most vulnerable and with limited access to services and protection.

WE STAND together in celebration of the rich diversity of people in this country and the vitality and strength they bring to our communities and society.

WE STAND with those who embrace self care and community connection as necessary and powerful for social change.

WE STAND with other activists and organizations who continue to work passionately for gender, racial, economic, and social justice for ALL.

NRCDV STANDS



Recognizing Your Mental Capacity

#THING TO #CARE4ADVOCATES

PRESENTED BY MARISSA WILLIAMS M.A, LPC, NCC, CCTP

Disclaimer

- ▶ This presentation is for psychoeducational purposes only. It is not meant to be a replacement for therapy with a licensed mental health professional. If you are in need of mental health support at anytime during the presentation, please send a message to the presenter or moderator via private chat for assistance.

Objectives



Reflect

Upon your experience in the movement



Identify

How to acknowledge and honor your mental capacity



Access

Wellness supports
#4Advocates



How did you
get here?

REFLECT

Reflect

"Whatever we believe
about ourselves, and
our ability comes true
for us."

~Susan L. Taylor





Reflect

"Having a bad boss isn't your fault. Staying with one is." — Nora Denzel

Identify



Identify

'You are not required to set yourself on fire
to keep other people warm',

Joan Crawford



Access



#1THING TO #CARE4ADVOCATES

- ▶ Observe
- ▶ Communicate
- ▶ Validate
- ▶ Honor



Let's Connect!
marissa@atlasbhw.com

- Therapy
- DEI Workshops
- Corporate Mental Health Concierge
- Professional Development
- Program Development

“

Cultivating joy,
always a clear
path towards
liberation.”

- PATTY BRANCO



Webinar Series

#1Thing to #Care4Advocates Mind, Body, and Soul

Thursday 10/6, 10/13, & 10/20 at 2pm EST

[LEARN MORE & REGISTER](#)

Webinar

Transforming the Gender-Based Violence Movement: Increasing BIPOC Representation and Actualizing Accountability Project Launch
Tuesday 10/18 at 1pm EST

[REGISTER HERE](#)

Twitter Chat

No Survivor Justice Without Racial Justice
Tuesday 10/18 at 3pm EST

[FOLLOW ON TWITTER @NRCDV & @NNEDV](#)

Research Briefing

NRCDV's Safe Housing Capacity Center Policy & Research Briefing
Wednesday 10/26 at 2pm EST

[REGISTER HERE](#)

Virtual Dance Party

Cultivating Joy for DVAM
Friday 10/28 at 4pm EST

[LEARN MORE & REGISTER](#)

Podcast

No Survivor Justice Without Racial Justice
Hosted by PreventConnect & NRCDV

[CHECK IT OUT](#)

DVAM 2022 Social Media Toolkit

No Survivor Justice Without Racial Justice: Cultivating Joy Towards Liberation

[CHECK IT OUT](#)



Virtual Dance Party

CULTIVATING JOY FOR DVAM 2022

NRCDV is partnering with BE! Creative Arts Center to host a virtual dance party as an opportunity to prioritize advocate and survivor wellness through joy, movement, and community connection.

October 28, 2022

4:00-5:00PM ET

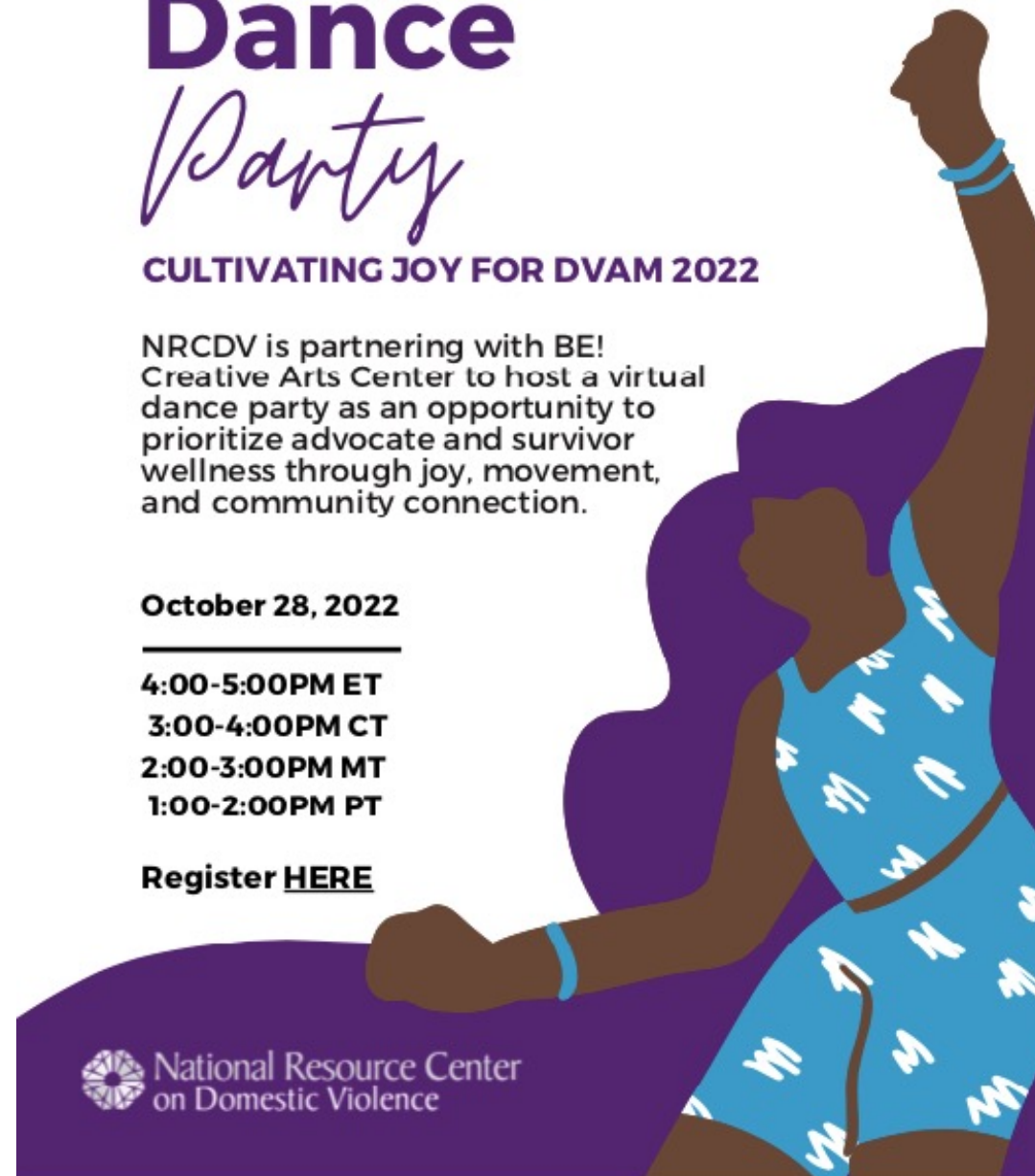
3:00-4:00PM CT

2:00-3:00PM MT

1:00-2:00PM PT

Register [HERE](#)

 National Resource Center
on Domestic Violence





Connect with us:

“This training was made possible by Grant Number #90EV042802 from the Administration on Children, Youth and Families, Family and Youth Services Bureau, U.S. Department of Health and Human Services. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the U.S. Department of Health and Human Services.”



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