

Strengthening Hope and Resilience in Children, Youth, and Mothers in Domestic Violence Programs: Lessons from Friendship Home



Casey Keene: Welcome to today's session! We'll begin promptly in 20 minutes

Ivonne Ortiz: Hello everyone! My name is Ivonne Ortiz, joining from Saint Augustine, FL. I'm the Training and Education Specialist for the NRC-DV. Thanks for joining our webinar. Feel free to introduce yourself, what's your name and where are you joining us from?

Mollie Beranek: Mollie Beranek, joining from Minnesota

Ivonne Ortiz: Hi Mollie!

tana hinricksen: Hello everyone, joining from Williston ND

Ivonne Ortiz: Welcome Tana!

Tamatha (Tammy) Steyer: hello everyone from Phelps County MO

Latatche Farley: Hello all, I am Latatche, LCSW from Brooklyn, NY

Ivonne Ortiz: Hi Tammy!

Ivonne Ortiz: Welcome Latatche!

National Resource Center on Domestic Violence: Thank you for joining us today. We will begin promptly at 2pm Eastern. If you have audio trouble during the webinar please dial in on your phone at 1-877-594-8353, pass code: 52789148#.

Melanie Rudy: Hello! I'm Melanie from Lincoln, Nebraska

Trishana Jones: Hi from Durham, North Carolina

Penny Paparteys: Hello from Springfield, Tennessee

Ivonne Ortiz: Welcome Melanie, Penny and Trishana!

Alison Parker: I'm Alison at Fort Bend Women's Center in Rosenberg, TX

Celeste Guzman: Hello I am Celeste from Norfolk, Nebraska

Ivonne Ortiz: Hi Celeste!

Alexia Siebuhr: Hello from Humboldt Domestic Violence Services in Northern California.

Ivonne Ortiz: Welcome Alexia!

Ashley Guyton: Hello from the City Attorney's office in Helena, MT. I am the victim services specialist in the office.

Ivonne Ortiz: During the webinar feel free to post your questions here in the public chat. We will make sure to share them with our presenter.

Ivonne Ortiz: Hi Ashley!

Arielle Phillips: Hello from DC

Ivonne Ortiz: This session will be recorded and will be accessible to you a week after the webinar. You can access this recording as well as recordings of other webinars at VAwnet.org

Ivonne Ortiz: Welcome Arielle!

Casey Keene: Tweet along with us during today's webinar at #ACEDV

Casey Keene: Please be sure to pose any questions or comments you may have in response to Julie's presentation here in the text chat!

National Resource Center on Domestic Violence: Reflect upon an adult who acknowledged what was RIGHT with you and had a powerful positive impact on you during your childhood/adolescent years. What are some of the qualities/characteristics of that individual that come to mind?

Alexia Siebuhr: Kind

Ivonne Ortiz: Loving

AliciaAlec Dufield: Honesty

Molly-Catherine Goodson: supportive

Abeer Monem: He made me feel special and convinced I could do anything

Tamatha (Tammy) Steyer: honesty, humor, loving

Latache Farley: the person was kind, caring and emotionally available
Melanie Rudy: Demonstrated compassion
Quinette Dansby: Encouraging
Tamatha (Tammy) Steyer: encouraging
Amy Torchia: acceptance and intuitive
Casey Keene: They really listened - they were present with me in the moment
Dixie Zittlow: good listener
Latache Farley: honest, trust worthy, transparent
Michelle Zinke: caring, source of strength and support
Jamie McCoy: Believed IN me, and believed me as well.
Monika Gauthier: Ms. Gladys was extremely classy she always kept up a good fight standing up for what was wrong she advocated a lot for people in my community. She was loving and never gave up always encouraged me to pursue my dreams
Melanie Rudy: persistence
Dixie Zittlow: Helped me see myself through different eyes
Alexia Siebuhr: kind and strong
Abeer Monem: confidence, ambition, drive
Monika Gauthier: Strength courage commitment
Molly-Catherine Goodson: perseverance -- encouraged me never to give up on my dreams
Carol Sherman: integrity
Latache Farley: helpful and empathetic
Tamatha (Tammy) Steyer: honest, empathetic
Vesna Anic: Hope
Amy Torchia: ability to access coping skills
Phuong Thao Macleod: grit
National Resource Center on Domestic Violence: Thanks so much for sharing everyone! Remember that you can also pose any questions you may have for our presenters here in the chat :)
Dixie Zittlow: Will this webinar be archived? And, can I share it then with others?
Casey Keene: Yes! We'll post the recording and related materials on VAWnet.org
Dixie Zittlow: Thanks!!
Casey Keene: You will receive an email with links to these resources after the webinar. :)
Casey Keene: Sure thing!
National Resource Center on Domestic Violence: You can find a pdf of the PowerPoint here: https://bwjp.ilinc.com/peril/ilinc/lms/cm_material_view.pl?activity_id=ypjxbcj&user_id=
Casey Keene: Try it now: Write your name 3 times on a piece of paper with your dominant hand.
Casey Keene: Now: Switch hands and try it again with your non-dominant hand!
Casey Keene: How did that feel?
Vesna Anic: Frustrating
Latache Farley: motor control was weak
Ivonne Ortiz: I had to put more effort.
Penny Paparteys: frustrating
Stephanie Scheffler: lack of control with the less dominant
Mema-shua Grant: messy
Jennifer Thomas: very hard
Melanie Rudy: I had to think about how to spell my name
Colleen Douglass: I had to think a lot
jeanette Santiago: lost of control
Irene Lopez: very messy
Michelle Zinke: I can write with my other hand, but it is not as neat or legible. :-)
Diane Charles: awkward took so much longer
Natalia Palomino: I felt childish.
Alison Parker: It was very backwards and hard.

Qutinette Dansby: slower

Jamie McCoy: super concentrated, a kindergartener may write it better

Monika Gauthier: couldn't get it to write correctly all over the place messy

Jennifer Thomas: uncomfortable

Jennifer Thomas: hard to focus more

Casey Keene: Thanks for sharing, everyone!

Casey Keene: I love this post-traumatic growth slide! Thank you!

Tamatha (Tammy) Steyer: I need this slide

Natalia Palomino: I also want this slide - helpful visual!

National Resource Center on Domestic Violence: a PDF of the slides can be found at:

<https://bwjp.ilinc.com/content/ypjxbcj>

National Resource Center on Domestic Violence: What personal talents or strengths do you use most in your parenting or in your interactions with children/youth in your life?

Tamatha (Tammy) Steyer: Ability to allow them to feel their emotions

Stephanie Scheffler: empathy

Alicia Post: Being a good, non-judging listener

Monika Gauthier: Empowering my children support them and listen to them

Melanie Rudy: flexibility/adaptability

Penny Paparteys: patience, pacing

Jennifer Thomas: present

Peggy Wright: encouragement

Abeer Monem: patience, compassion, encouragement

Penny Paparteys: humor

Peggy Wright: non-judgmental

Amy Torchia: Respect, nonviolence and a reverence for their experiences

Alicia Post: staying calm

Michelle Zinke: empathy, flexibility, sense of humor

Allyson Scanlon: setting limits/assisting in understanding of boundaries

Jamie McCoy: Allow for silence

Allyson Scanlon: self-regulation tools

Alexia Siebuhr: consent centered

Mollie Beranek: authenticity

Alison Parker: Letting them know they are valuable individuals

Phuong Thao Macleod: When a child/youth engage in negative self talk, I help to reframe negative thoughts into positive thoughts

Irene Lopez: integrity

Carol Sherman: boundaries

Monika Gauthier: I like that one silence

Colleen Douglass: kindness and flexibility

Qutinette Dansby: I'm my son's personal cheerleader when he doesn't have a good day in school I encourage him and remind him of how awesome he is

Angela Salazar: kindness and patience

AliciaAlec Dufield: Sense of humor

Ivonne Ortiz: Everyone will receive a PDF of the complete Power Point presentation.

Alicia Post: good, because the slides are going fast

Casey Keene: We will have a recording of this session available with both video and audio for future reference!

Alexia Siebuhr: Awesome thank you!

Ethel Harris: Thanks!

Casey Keene: If you have any questions for our presenter, please pose them here!

Tamatha (Tammy) Steyer: Such a great topic...I am looking into parenting classes for survivors and I can really use this to shape some classes for our moms.

Melanie Rudy: This is a fantastic webinar!

Casey Keene: Thanks, Melanie! I agree! Is there anything you'd like Julie to elaborate on?

Casey Keene: We will be sending out a follow up email with an audio recording and a PDF of the slides.

Melanie Rudy: I want to do this strengths based exploration with my division. We don't often have the opportunity to work directly with victims, but provide assistance to officers when they encounter victims.

Melanie Rudy: Just going to say that

Colleen Douglass: can you go back one slide?

Ivonne Ortiz: Feel free to post your question here.

Melanie Rudy: A ton of helpful info! Thank you!!

tana hinricksen: thank you, enjoyed

[National Resource Center on Domestic Violence](#): Thank you for joining today's session! Please be sure to respond to our brief survey upon logging out.

Colleen Douglass: Got it! Thank you wonderful webinar!

Carol Sherman: Thank you!

Vesna Anic: Thank you!!

Vina Ullrich: Thank you.

Alicia Post: yes, this was a wonderful thing to find out about

Cynthia Lillibridge: Thank you for your time

Casey Keene: Thanks everyone!

Abeer Monem: Thank you!

Ethel Harris: Thank you!

Velinda Gales: Thank you

Ivonne Ortiz: Thanks everyone!