



Preventing Compassion Fatigue: Honoring Thyself

Friday, July 8th, 2016

3:00 - 4:30pm Eastern / 2:00 - 3:30pm Central / 12:00 - 1:30pm Pacific

Every day victim advocates struggle with heart wrenching, painful stories that both fuel our passion for our work and keep us up at night. If we focus on serving others without taking care of ourselves, we are at risk of experiencing secondary traumatic stress disorder, better known as compassion fatigue. This webinar will provide valuable tools to identify the warning signs of compassion fatigue, and will help you develop techniques to replenish your spirit in order to properly honor yourself.

The goals of this webinar are to:

- Identify and learn to manage compassion fatigue,
- Encourage self-care, and
- Refresh and renew participants' passion for the work.

Register here:

<https://bwjp.ilinc.com/register/vsbpzpt>



Presented By:

Santa Molina-Marshall, LICSW, SEP

For more than 20 years, Santa Molina-Marshall has been providing client-focused therapy services, in English and Spanish, for individuals, groups, couples and families. She is a licensed/Certified Integral Yoga Teacher, Massage Therapist, Reiki Master and Interfaith Minister.

