

Resources

Trauma-Informed Birth Support for Survivors of Abuse

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Domestic Violence and Pregnant Women

**Technical Assistance Guidance**  
Birth Doulas and Shelter Advocates: Creating Partnerships and Building Capacity -  
[http://www.vawnet.org/Assoc\\_Files\\_VAWnet/FINAL-April2014-DV-DOULAS.pdf](http://www.vawnet.org/Assoc_Files_VAWnet/FINAL-April2014-DV-DOULAS.pdf)

**Applied Research Paper**  
Violence During Pregnancy and the Postpartum Period -  
[http://vawnet.org/Assoc\\_Files\\_VAWnet/AR\\_DVPregnancyPostpartum.pdf](http://vawnet.org/Assoc_Files_VAWnet/AR_DVPregnancyPostpartum.pdf)

**eLearning Module (1hr)**  
Domestic Violence: Understanding the Basics -  
<http://www.vawnet.org/elearning/DVBasics/player.html>

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Sexual Abuse and Pregnant Women

**Handouts**  
Strategies for Specific "Triggers" of Anxiety in Childbirth from Penny Simkin and Phyllis Klaus - <http://bit.ly/1d4fffi>

Clinical Challenges in Childbirth Related to Childhood Sexual Abuse from Penny Simkin - <http://bit.ly/1ctGWkj>

**Books**  
When Survivors Give Birth: Understanding and Healing the Effects of Early Sexual Abuse in Childbearing Women by Penny Simkin and Phyllis Klaus -  
<https://www.pennysimkin.com/shop/when-survivors-give-birth/>

Survivor Moms: Women's Stories of Birthing, Mothering and Healing after Sexual Abuse by Mickey Sperlich and Julia Seng -  
<http://www.survivormoms.com/books/survivormoms.asp>

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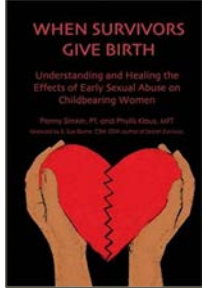

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Video

When Survivors Give Birth by Penny Simkin (6mins 15secs)-  
<http://youtu.be/YhEY2k9DWw>



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Where to find advocacy

**National Domestic Violence Hotline**  
1-800-799-7233 (SAFE) – 24/7/365  
Live chat: <http://www.thehotline.org/what-is-live-chat/>

**RAINN: Rape, Abuse, Incest National Network**  
1-800-656-4673 (HOPE) – 24/7/365  
Live chat: <https://ohl.rainn.org/online/>

**DOULAS**

- o Radical Doula – [radicaldoula.com](http://radicaldoula.com)
- o Doula Match – [doulamatch.net](http://doulamatch.net)
- o Doulas of North America (DONA) – [dona.org](http://dona.org)

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Contact Us

The **National Resource Center on Domestic Violence** ([www.nrcdv.org](http://www.nrcdv.org)) provides a wide range of free, comprehensive, and individualized technical assistance, training, and specialized resource materials.

**Online TA Request Form –**  
<http://www.nrcdv.org/contact-us/>  
800-537-2238 | [nrcdvt@nrcdv.org](mailto:nrcdvt@nrcdv.org)

**Kenya Fairley,**  
**Senior Director of Capacity Building & Education**  
202-331-5060 | [kfairley@nrcdv.org](mailto:kfairley@nrcdv.org)



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