

# Teen Dating Violence

## RESOURCE LIST

### Prevention/ Education & Direct Services



prepared by

National Resource Center on Domestic Violence

A project of the Pennsylvania Coalition Against Domestic Violence

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# RESOURCE LIST

## Prevention/ Education & Direct Services

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### PEER EDUCATION PROGRAMS

Break the Cycle  
P.O. Box 64996  
Los Angeles, CA 90064  
Phone: 310-286-3366 or (888) 988-TEEN  
Fax: 310-286-3386  
E-mail: [info@breakthecycle.org](mailto:info@breakthecycle.org)  
Web: <http://www.breakthecycle.org>

“Break the Cycle’s (BTC) mission is to end domestic violence by working proactively with youth. BTC provides *prevention and education* services through “Ending Violence: A Curriculum for Educating Teens about Domestic Violence and the Law” and other education and outreach services to young people in middle and high schools, colleges, juvenile detention facilities and community youth groups, and to parents, social service providers and concerned community members. The *legal services* program provides early intervention services, including legal advice, counsel and representation, to youth, ages 12 to 22, assisting them to escape abusive relationships or homes. Finally, BTC conducts *federal and local public policy* initiatives, working with national, state and local governments to impact legislation and policies on intimate partner violence. All of Break the Cycle’s services are provided free of charge.”

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### The Interpersonal Violence Prevention Peer Education Program Collaborative Program involving:

Boulder County Safehouse  
835 North Street  
Boulder, CO 80304  
Phone: 303-449-8623  
Fax: 303-449-0169  
Email: [info@bouldercountysafehouse.org](mailto:info@bouldercountysafehouse.org)  
Web: <http://www.bouldercountysafehouse.org>

Moving to End Sexual Assault (MESA)  
2885 East Aurora Avenue, Suite 10  
Boulder, CO 80303  
Phone: 303-443-0400  
Fax: 303-443-0187  
Web: <http://www.joinmesa.org>

### PEER EDUCATION PROGRAMS (continued)

“The Interpersonal Violence Prevention Peer Education Program is a program through which trained teams of high school students, Peer Educators, give presentations on interpersonal violence prevention in middle and high schools in the Boulder Valley area. The Peer Education Program is a collaboration between Boulder County Safehouse and MESA – Moving to End Sexual Assault (formerly the Boulder County Rape Crisis Team).

The Peer Education Program aims to empower young people by giving them the knowledge and opportunity to speak out against interpersonal violence. Since 1996, Peer Educators have given presentations and generated dialogue among their peers, reaching more than 25,000 students in Boulder County on the issues of dating abuse, sexual assault, and sexual harassment.”

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#### Lyric House

123-127 Collingwood Street  
San Francisco, CA  
Phone: 415.703.6150  
Fax: 415.703.6153  
Email: [lyric@lyric.org](mailto:lyric@lyric.org)  
Web: <http://www.lyric.org/>

“LYRIC was founded in 1988 by a group of women, men and young people to address the needs of lesbian, gay, bisexual, transgender, and questioning (LGBTQ) youth. LYRIC brings LGBTQ youth together to build a peer-based community that empowers them to end isolation; create a progressive queer youth voice; increase well-being and self-esteem; and change the communities in which they live. LYRIC accomplishes this by offering peer-based education, advocacy, recreation, information, and leadership opportunities. LYRIC is guided by the philosophy that young people are not only capable of empowering themselves as individuals, but are also able to take leadership in creating services for their own communities. All of LYRIC’s programs have been created and developed using the energy and direction of young people at every level and in every phase, from program design to program evaluation. LYRIC’s peer-led approach serves as a model for other youth development programs around the country.”

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#### Peer Solutions Inc.

Jennifer Rauhouse  
PO Box 24148  
Phoenix, AZ 85074-4148  
Phone: (602) 225-0942  
Fax: (602) 225-0982  
Email: [info@peersolutions.org](mailto:info@peersolutions.org)  
Web: <http://www.peersolutions.org/Default.htm>

“Peer Solutions facilitates student and staff workshops designed specifically for each school or organization and implements on-going events linking schools and communities across Arizona. Activities include but are not limited to: awareness campaigns, local, state and national student conferences, leadership retreats, community service and junior high school peer education projects. Peer Solutions strives to involve the community, including students, in the development, implementation, and evaluation of all program efforts. Peer Solutions also hosts STAND & SERVE (S&S), a city wide and individual school student-run club in Tempe, Arizona. Students promote education and prevention activities addressing: emotional, physical, gang, gun, domestic and sexual violence as well as eating disorders, suicide, depression, drug and alcohol abuse, homelessness, racism, breast cancer and homophobia.”

## PEER EDUCATION PROGRAMS (continued)

### **Urban High School Interpersonal Violence Prevention Peer Education Program**

CORSA (Citizens Committee on Rape, Sexual Assault and Sexual Abuse)

95 Franklin St., Room 280

Buffalo, NY 14202

Phone: 716-858-7878

“The program is a collaboration between the Citizens Committee on Rape and Sexual Assault (CORSA) and Hispanics United of Buffalo (HUB). CORSA and HUB have combined their experiences and skills specific to peer education training and interpersonal violence prevention to develop this program. The program seeks to meet the challenge of effective violence prevention by addressing the dangers—family violence, street violence, gang violence, injury, and even death—facing many urban high school students. CORSA’s curriculum provides activities for working effectively with adolescent populations and is not intended to be used as an all-inclusive educational approach to interpersonal violence prevention. Rather, it provides a structure from which to introduce sensitive topics, teach personal development skills, and discuss issues that are highly relevant to adolescents.”

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### **Voices Changing Choices: Students Promoting Rights In Relationships**

Abused Women’s Advocacy Project

P.O. Box 713

Auburn, ME 04212

Phone: 207-784-3995

“This peer education program for students grades five through twelve is designed to impact attitudes about dating and dating violence behavior. Students learn alternatives to violence and ways to handle conflict nonviolently in their personal relationships. The program has both prevention and intervention components. Although presentations vary according to students’ needs, each includes role-playing, scenarios, and discussion. The goals of each presentation are to discuss characteristics of healthy relationships, identify abusive relationships, teach that violence is a choice, provide options for helping friends in abusive relationships, acknowledge violence in gay and lesbian relationships, and encourage youth to commit to safe dating relationship through a Healthy Dating Contract.”

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### **STAR (Sisters Teaching About Relationships)**

Casa Myrna Vazquez, Inc.

PO Box 180019

Boston, MA 02118

Phone: 617-521-0100

Web: <http://www.casamyrna.org/index.html>

“STAR is an innovative dating violence prevention project comprised of young women who are hired as peer educators. STAR creates and delivers engaging workshops about the extent of abuse in teen relationships and the importance of understanding the qualities that define healthy relationships. In its sixth year, STAR has reached out to hundreds of young people in after-school programs, community centers, girls groups, peer leader programs and other youth organizations annually.”

### SCHOOL-BASED PREVENTION/ EDUCATION CURRICULA & PROGRAMS

**The Adopt-A-School Initiative: A School-based Teen Relationship Abuse Prevention Program and Working with Teenagers Involved in Abusive Relationships: A Curriculum for Training Service Providers Who Work with Teenagers**

Mayor's Office to Combat Domestic Violence  
100 Gold Street, 2nd Floor  
New York, NY 10038  
Phone: 212-341-3889  
Fax: 212-788-2798

Web: <http://home.nyc.gov/html/ocdv/html/pubs.html>

“Adopt-A-School/Relationship Abuse Prevention Program (RAPP) is a comprehensive, school-based teen relationship abuse program that promotes healthy relationships, intervenes in the cycle of teen intimate partner violence, and prevents destructive patterns of relationship abuse from extending into adult relationships.

The program pairs high schools with local domestic violence organizations.

Implemented jointly by the schools and the domestic violence service providers, the program provides students with effective teen relationship abuse prevention and intervention services, while being responsive to the needs of the individual schools. The program's focus on prevention, intervention, professional development, community outreach and parent education allows for full integration of the services throughout the school community while ensuring a “zero-tolerance” approach to abuse in all of its forms.”

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#### **Chance for Change**

Phone: (503) 232-7805

“Chance for Change is a coalition of domestic and sexual violence intervention agencies in Oregon that provides specialized presentations on teen dating violence and date rape for young people. The coalition has developed a two-week curriculum for classroom teachers, which includes posters and brochures designed to incorporate the names and numbers of local resources. Materials also include a comprehensive manual about domestic and sexual violence for teachers or community educators to use in classroom presentations. The manual includes information, exercises, discussion topics, and handouts.”

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#### **Dating Violence Youth Education Package**

Domestic Violence Prevention Campaign for Teens  
Office of the Governor  
State of Michigan

Web: [http://www.michigan.gov/fia/0,1607,7-124-5460\\_7261-52522--,00.html](http://www.michigan.gov/fia/0,1607,7-124-5460_7261-52522--,00.html)

“The Dating Violence Youth Education Program (DVYEP) includes background information, lesson plans, educator sheets, student surveys and handouts, as well as a poster in both English and Spanish. It is designed for use in high school health classes, but is appropriate with any group of high school-aged youth. We encourage educators to partner with their local domestic violence program, as they may have a Dating Violence Prevention Program and are fully trained to respond to students who disclose abuse.”

**SCHOOL-BASED PREVENTION/  
EDUCATION CURRICULA & PROGRAMS (continued)****Expect Respect: A School-Based Program Promoting Safe and Healthy Relationships for Youth and  
Kid & Teen Safe: An Abuse Prevention Program for Youth with Disabilities**

SafePlace

PO Box 19454

Austin, TX 78760

Phone: 512-267-7233 (SAFE)

TTY: 512-927-9616

Fax: 512-385-0662

Email: [info@austin-safeplace.org](mailto:info@austin-safeplace.org)Web: <http://www.austin-safeplace.org>

“The *Expect Respect* program works to prevent dating and sexual violence and promote healthy relationships for all youth. Four program components include 1) Counseling and support groups for students who have experienced abuse and students who have witnessed domestic violence; 2) Classroom presentations on the topics of dating violence, sexual harassment/assault, and healthy relationships; 3) Staff and parent training for preventing bullying, sexual harassment and gender violence, and 4) the Summer Teen Leadership Program.”

“The *Kid & Teen Safe* program is a project of SafePlace’s Disability Services ASAP (A Safety Awareness Program) and provides abuse intervention and prevention services for children and youth who have disabilities.”

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**Helping Teens Stop Violence**

A Practical Guide for Counselors, Educators, and Parents

The Oakland Men’s Project

1203 Preservation Park Way, Suite 200

Oakland, CA 94612

Phone: 510-835-2433

Fax: 510-835-2466

“Based on programs developed by the Oakland Men’s Project, this book offers a proactive, multicultural approach for getting at the roots of violent behavior. The activities and workshops described in the book explore how violence manifests in families and dating; how issues of race, gender, and age are involved; and how teens can work to stop the violence in their lives. It includes curricula for classrooms and support groups, and strategies to support peer counselors and help abused teens.”

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**In Touch With Teens: A Relationship Violence Prevention Curriculum for Youth**

In Touch With Teens Youth Violence Prevention Program

Los Angeles Commission on Assaults Against Women (LACAAW)

6043 Hollywood Blvd., Suite 200

Los Angeles, CA 90028

Phone: 213-462-1281

Email: [info@lacaaw.org](mailto:info@lacaaw.org)Web: <http://www.lacaaw.org>

“Project TAP (Teen Abuse Prevention) is a culturally sensitive violence prevention outreach program that educates teens throughout Los Angeles County. The project seeks to empower local communities through education, support, and counseling networks for a wide variety of teens—from those in “mainstream” middle and high school settings to youth identified as “high risk” for violence, including incarcerated, pregnant/parenting, and homeless youth. *In Touch With Teens: A Relationship Violence Prevention Curriculum for Youth* is a dynamic and culturally responsible curriculum developed by Project TAP for use with youth ages 12 to 19.”

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## SCHOOL-BASED PREVENTION/ EDUCATION CURRICULA & PROGRAMS (continued)

### **Making the Peace**

A 15-Session Violence Prevention Curriculum for Young People  
The Oakland Men's Project  
1203 Preservation Park Way, Suite 200  
Oakland, CA 94612  
Phone: 510-835-2433  
Fax: 510-835-2466

“Making the Peace is written to help young people break away from violence, develop self-esteem, and regain a sense of community. It provides exercises, role-plays, in-class handouts, homework sheets, and discussion guidelines to explore issues such as dating violence, gangs, interracial tension, suicide, sexual harassment, and the social roots of violence. The authors outline a 15-session program that is grouped into three units. Part One explains basic concepts and establishes a framework of safety and respect within the class. Part Two looks at the forms that violence takes. Part Three focuses on healing from the past and introduces individual and group activities that can help to make the peace. The opening chapter, “Before You Begin,” offers guidelines to teachers for doing violence prevention work with young people.”

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### **Prevention Programs Addressing Youth Dating Violence**

School-based Violence Prevention Programs  
RESOLVE Alberta  
SS854, c/o Department of Anthropology  
University of Calgary,  
2500 University Drive NW,  
Calgary AB Canada T2N 1N4  
Phone: 403-220-8634  
Fax: 403-210-8117  
Email: resolve@ucalgary.ca

Web: <http://www.ucalgary.ca/resolve/violenceprevention/English/reviewprog/youthdintro.htm>

“This site provides links to a variety of youth dating violence program descriptions as well as information on program manuals. The RESOLVE site includes contact information for or links to each manual produced by listed programs.”

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### **Preventing Teen Dating Violence: A Three-Session Curriculum for Teaching Adolescents**

Dating Violence Intervention Project  
PO Box 530  
Harvard Square Station  
Cambridge, MA 02238  
Phone: 617-868-8328

“This is a prevention manual with step-by-step instructions for implementing a three-session course, including sections on what staff need to know in order to speak effectively about teen violence, how to talk with young victims and perpetrators, and classroom handouts. The illustrated classroom activities are designed to help students recognize the difference between abuse and respect.”



**SCHOOL-BASED PREVENTION/  
EDUCATION CURRICULA & PROGRAMS (continued)****Project R.A.P (Relationships and Power): A Curriculum Exploring the  
Misuse of Power and Control in Relationships for Students in Grades 6-8**

New Jersey Coalition for Battered Women  
2620 Whitehorse Hamilton Square Road  
Trenton, NJ 08690-2718  
Phone: 609-584-8107  
Email: [info@njcbw.org](mailto:info@njcbw.org)  
Web: <http://www.njcbw.org/index.html>

“This is a school-based curriculum on various forms of abuse and violence in interpersonal relationships. It is intended for use with grades six to eight. Five units cover gender and violence in society, child abuse and neglect, sexual harassment in the schools, dating violence and sexual assault.”

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**The QUIET Storm Project**

Central Minnesota Task Force on Battered Women  
915 First Street South, Suite 14  
St. Cloud, MN 56301  
Phone: 320-251-7203  
Toll Free: 877-600-2225  
Fax: 320-251-0369 (ATTN: Jacque)  
Email: [tqspin@thequietstormproject.com](mailto:tqspin@thequietstormproject.com)

Web: [http://www.thequietstor\[RTFbookmark start:}\\_Hlt496932722m\[RTFbookmark end:}\\_Hlt496932722project.com](http://www.thequietstor[RTFbookmark start:}_Hlt496932722m[RTFbookmark end:}_Hlt496932722project.com)

“Six non-profit domestic violence prevention organizations in Minnesota collaborated to develop the QUIET Storm Project. The QUIET Storm Project contains three professionally produced film modules, a written step-by-step instructor guide with an attachments and activities packet, a measurement tool, and a web site. The Project materials can be adapted for use with youth ages 10 and older.”

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**Skills for Violence-Free Relationships  
Curriculum for Young People ages 13-18**

Minnesota Coalition for Battered Women (MCBW)  
1821 University Avenue West, S-112  
St. Paul, MN 55104  
(651) 646-6177  
Email: [mcbw@mcbw.org](mailto:mcbw@mcbw.org)  
Web: <http://www.mcbw.org>

“This curriculum is a collection of educational presentations and activities for classes of adolescents. Common myths are dispelled surrounding battering and concrete facts are provided about why battering occurs. Additionally, skills are taught that will reduce the likelihood of adolescents becoming the abused or the abuser in a relationship.

The variety of activities makes the curriculum very adaptable to different grade levels and subject ideas. The teachers guide provides teachers with more comprehensive background on the issues of battering, additional classroom activities and information on violence in dating relationships.”

## SCHOOL-BASED PREVENTION/ EDUCATION CURRICULA & PROGRAMS (continued)

### Teen Dating Violence Prevention and Intervention Program (TDVPIP)

Massachusetts Department of Education

P.O. Box 398114

Cambridge, MA 02139

Phone: 781-338-6312

Email: [pbrashler@doe.mass.edu](mailto:pbrashler@doe.mass.edu)

Web: <http://www.doe.mass.edu/hssss/program/teen.html>

“This program seeks to create a school culture where dating violence is intolerable. The program goals are to develop school-based teen dating violence prevention and intervention strategies with training and support from experienced practitioners to educate school personnel and community members to recognize warning signs, and to link schools with resources and support services that are available in their communities.” Comprehensive Updated Guidelines for Schools on Addressing Teen Dating Violence are accessible online at: < <http://www.doe.mass.edu/hssss/tdv/toc.html>>

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### Teen Dating Violence Resource Manual

National Coalition Against Domestic Violence (NCADV) (1997)

PO Box 18749

Denver, CO 80218-0749

Phone: 303-839-1852

Web: <http://www.ncadv.org>

“This manual on teen dating violence contains information, poems, stories, and surveys. It describes the problem of teen dating violence and suggests strategies and options for dealing with the problem as well as safety planning and public education/awareness techniques. Programs and resources are also listed.”

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### Youth Relationships Project

The University of Western Ontario

Department of Psychology

Room 7440 Social Science Centre

London, Ontario N6A 5C2

Phone: 519-679-2111, ext. 4726

Email: [pittman@uwo.ca](mailto:pittman@uwo.ca)

Web: <http://www.ssc.uwo.ca/psychology/faculty/project/yr-project/>

“The project is designed to provide interpersonal, problem solving, coping, and social action skills to adolescents who are at risk of becoming victims or perpetrators of violence. The program examines the media’s role in enhancing and glamorizing violence. Issues of power and control in familial, societal, and relationship contexts are explored. The Youth Relationships Project is an 18-week program in which adolescents meet in small groups for two hours per week. A male and female facilitator lead the group through a number of learning and educational activities (i.e., videos, print materials, discussions, exercises, guest speakers, and action projects). The facilitators are usually social workers from the community who are familiar with the issues of violence and adolescent behavior.”

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## YOUTH THEATER GROUPS

### **Heart to Heart**

The Shelter for Battered Women  
PO Box 220312  
Charlotte, NC 28222  
Phone: 704-332-2513

“A group created in 1994 by The Shelter for Battered Women, a division of United Family Services, the teen theater project has been developed to provide an opportunity for experiential questioning, sharing and learning among teens. The focus of Heart to Heart is to address the problem of teen dating violence. The teen group uses theater as a way to reach their peers – educating them and encouraging empathy, while brainstorming solutions to issues of violence and abuse in dating relationships. The dramatic performances are interspersed with statistical information about domestic violence.”

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### **Teen RAVE (Rape, Abuse, and Violence Education) Theater Group**

706 West Green Street  
Ithaca, NY 14851  
Phone: 607-273-5589  
Fax: 607-273-3608  
Email: fts@cornell.edu

“Through interactive theater performances, the Teen RAVE Theater Group addresses problems of sexual harassment and other forms of teen dating violence. Teen RAVE actors perform age-appropriate theatrical role-plays, and facilitate question-and-answer periods with their peers in the audience. While remaining in character the teen actors allow audience members the opportunity to ask about the characters’ specific reactions and responses to their traumatic experiences with sexual harassment and physical violence.”

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### **The Yellow Dress and Remote Control**

Deana’s Fund  
38 Montvale Ave., Suite 245  
Stoneham, MA 02180  
Phone: 781-438-5604  
Fax: 781-438-6129  
Email: sbecker@deanasfund.org  
Web: <http://www.deanasfund.com>

“*The Yellow Dress*, a one-woman play about a young victim of dating violence, is an educational tool for middle and high school students and assists them in understanding the warning signs and outcomes of a violent dating relationship. The play integrates important facts and statistics on dating violence into the theatrical performance. The carefully constructed program stimulates thought-provoking post-show discussion about relationships.”

“*The Remote Control* dating violence prevention program is designed for both middle and high school audiences. The program explores issues and beliefs about relationships and promotes skills designed to encourage healthy decision-making about dating relationships and friendships. The program can help establish a community/school climate that discourages abusive behavior and offers teen important information in a non-threatening and entertaining format.”

### YOUTH THEATER GROUPS (continued)

#### You The Man

Add Verb Productions

Contact: Cathy Plourde, Executive Director

Email: [cathy.plourde@att.net](mailto:cathy.plourde@att.net)

Web: <http://home.att.net/~cathy.plourde/home.htm>

*"You The Man* is a one-man show addressing unhealthy relationships, dating violence and sexual assault. It is a monodrama suitable for college and high school audiences, as well as ideal for training adults for work with young adults around issues of dating violence and sexual assault. This production can be adapted for orientations, wellness trainings, and community awareness."

## TEEN BATTERER INTERVENTION CURRICULUM

### Group Work with Adolescents: Ending the Intergenerational Cycle of Domestic Violence

#### 14 Session Curriculum

Domestic Abuse Project (DAP)

204 West Franklin Avenue

Minneapolis, MN 55404

Phone: (612) 874-7063

Email: [dap@mndap.org](mailto:dap@mndap.org)

“The adolescent treatment program presented in this manual, and which at Domestic Abuse Project (DAP) has called the “Emerging Young Men’s Program,” is based on the following core beliefs promoted by the DAP: violent behavior is learned; violence is a chosen behavior; violence is motivated by a desire for power and control; violence and other forms of abuse are not acceptable ways to control another person, to release stress, or to express feelings; violent behavior is not caused by alcohol or other drugs; and, violent behavior is not caused by poor intimate relationships or by job frustrations, sexual problems, or child-rearing problems.”

### STATE AND NATIONAL CAMPAIGNS/ PROJECTS

#### **Coaching Boys Into Men: A Campaign To Prevent Violence Against Women and Children**

Family Violence Prevention Fund

383 Rhode Island St. Suite #304

San Francisco, CA 94103-5133

Phone: (415) 252-8900

Fax: (415) 252-8991

TTY: (800) 595-4889

Email: [info@endabuse.org](mailto:info@endabuse.org)

Web: <http://endabuse.org>

“Coaching Men into Boys, a national campaign launched in 2002, provides information to help men learn appropriate ways to talk to boys about violence against women and girls. The campaign invites men to be part of the solution, while educating them about the problem, motivating them to move beyond complacency and providing them with the tools and information necessary to break the cycle of intimate partner and family violence.”

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#### **Domestic Violence Prevention Campaign for Teens**

Office of the Governor

State of Michigan

(Search under “dating violence.”)

“The Domestic Violence Prevention Campaign for Teens is one component of the State of Michigan’s new Domestic Violence Prevention Laws. The plan includes dating violence educational brochures for students that include the national domestic violence hotline number to call for help; public service announcements discussing dating violence that will feature Jerry Stackhouse of the Detroit Pistons; and an educational curricula on dating violence for middle and high school students around the state – information is posted on this statewide Web site, allowing educators to download a variety of educational materials for students.”

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#### **Teen Dating Violence Intervention and Prevention Program (TDVIP)**

Health, Safety and Student Support Services Programs

Massachusetts Department of Education

Web: <http://www.doe.mass.edu/hsss/program/teen.html>

“The Teen Dating Violence Intervention and Prevention Program (TDVIP) of the Massachusetts Department of Education provides funds to public middle schools and high schools across the Commonwealth, to implement comprehensive dating violence prevention and intervention programs. Using a model emphasizing community collaboration, grant recipients provide teen dating violence education and training opportunities, implement policies and procedures addressing all aspects of teen dating violence, and provide on-site support services to survivors and intervention services to adolescent perpetrators of dating violence.”

**STATE AND NATIONAL CAMPAIGNS/ PROJECTS (continued)****Mentors in Violence Prevention (MVP) Program**

Northeastern University's

Center for the Study of Sport in Society

360 Huntington Avenue, Suite 161 CP

Boston, MA 02115-5000

Phone: 617-373-4025

Fax: 617-373-4566 / 2092

Email : [sportinsociety@neu.edu](mailto:sportinsociety@neu.edu)Web: <http://www.sportinsociety.org/mvp.html>

“The Mentors in Violence Prevention (MVP) Program is a gender violence prevention and education program based at Northeastern University’s Center for the Study of Sport in Society. The multi-racial, mixed gender MVP team is the first large-scale attempt to enlist high school, collegiate, and professional athletes in the effort to prevent all forms of men’s violence against women. Utilizing a unique bystander approach to gender violence prevention, the MVP Program views student-athletes and student leaders not as potential perpetrators or victims, but as empowered bystanders who can confront abusive peers. Program participants develop leadership skills and learn to mentor and educate younger boys and girls on these issues.”